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> March 2009 ISSUE 1



G. Pulla Reddy College of Pharmacy



## Editor's Note

We are feeling really ecstatic on bringing out this year's college magazine "ADYA 2009." This magazine provides an excellent opportunity to the students and faculty to express their creativity with useful articles and will bring out hidden talents of the students.

Adya 2009 is with informative experiences of International Students, advice from Senior Students and interesting articles and much more from staff and students.

I am proud to say that in a short period of time, our students succeeded in wrapping the contents into colorful papers of the magazine, with a new vision. I appreciate the efforts and hard work of all the students, especially the final year B. Pharmacy students in launching this magazine successfully.



**Mrs. Y. Padmavathi** Editor-in-Chief



### EDITORIAL STAFF

Editor-in-Chief Mrs. Y. Padmavathi

B. Pharmacy IV Year K. Swathi (Administrator/ Editor) Ch. Saroja (Student Editor) G. Sirisha (Photographer) K. Sruthi (Photographer) Pratima Reddy (Designer)

<u>B. Pharmacy III Year</u> S. Shilpa

**<u>B. Pharmacy II Year</u>** Sujith Ramachandran

<u>B. Pharmacy I Year</u> Vibha

> M. Pharmacy Ravi Kumar

### **SPECIAL THANKS TO**

It has been an immense pleasure working on this magazine. This is the FIRST TIME EVER that students of G. Pulla Reddy College of Pharmacy have attempted to do such an activity and I am sure you would agree, if I say that this would not have been possible but for the unstinted co-operation and encouragement received from management and current as well as Ex-students which gave wings to our thoughts.

I once again thank one and all for the excellent support received from you which in turn enabled us to bring out this magazine.





Thanking You, **Swathi Kotamraju** Administrator/ Editor



# Beginning from the End About Adya

We, the folks of GPRCP, for the 1st time in history, have introduced 'vox populi' shaped as a magazine, "Adya," which is exclusively for the students, by the students and of the students. You must be wondering what Adya means. For all the dodos pondering, Adya means first of its kind and unparalled. Adva throws light on various college and post college issues with invaluable advice from faculty, alumni, and current students. It was founded to change the boring and routine mindset of students. The creation of Adya has only furnished a fraction of its objective until now. Now is the time for us to reach out to it and make it unparalled and to justify its objective.



## **INSIDE SCOOP**

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Now it's your Turn

Student Feedback

**Creative Corner** Student Work



## adya 2009

About the College

G. Pulla Reddy College of Pharmacy was established in the year 1994- 1995 and sponsored by G. Pulla Reddy Charities Trust under the chairmanship of Late Sri G. Pulla Reddy garu. Sri G. Pulla Reddy Garu, a philanthropist and social reformer was well known as he promoted several educational institutions under the Trust. The college is located in a beautiful campus in Mehdipatnam, Hyderabad. The campus is spread over in 5 acres of land in a calm and guiet natural habitat. Mehdipatnam is well connected from all corners of the city by local bus services. G. Pulla Reddy High School and G. Pulla Reddy Degree and PG College are also located in the campus.

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## Mission

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G. Pulla Reddy College of Pharmacy aims to be on forefront in imparting the quality Pharmacy education both at Graduate and Postgraduate level. The graduates and postgraduates going out from this college shall be recognized as responsible and highly acclaimed professionals in the Pharmaceutical Arena. G. Pulla Reddy College of Pharmacy envisages to become the centre for research in Pharmacy. It aims to undertake research projects in drug development and contribute significantly to drug discovery from medicinal plants.



SECRETARY'S NOTE Secretary's Note

I am very glad to know that the Pharmacy students are bringing out this magazine- Adya. The students always cherish their happy college days and remember their friends through this magazine forever. On behalf of the management, I always encourage and support the student activities.

I wish all the students good success and purposeful professional career.

P.SUBBA REDDYSecretary,G. Pulla Reddy College of Pharmacy,Mehdipatnam, Hyderabad.

## <u> ਬਰੇਪ੍ਰਬ 2009</u>



# From the Principal's Desk

I am very pleased to see the shape of the ideas of our young and dynamic students and efforts of the B. Pharmacy IV year (2005-2009) students in the form of this magazine - Adya. Magazines are the medium of communication and expression of the ideas, talents, presentation skills, writing skills of the student community with total freedom. In spite of the regular academic activities like the class work and exams, the students were so persuasive and determined to bring out the magazine. Usually the present students would like to have their own ideas and articles in the magazine. But here our students have made a beginning to a new tradition of respecting and remembering the senior (Alumni) students by printing their valuable suggestions, messages along with their photos. This distinct feature has made this small book a valuable one, where everybody finds something interesting. The pictures and photographs in this book will remind uncherishable moments of college days of the students.

I appreciate the students, staff, editorial committee and specially the B. Pharmacy IV year students for their help, encouragement, contributions and efforts in bringing out this magazine. Lastly, I hope that this small book is one to keep us with forever.

చిరకాల జ్ఞాపకాలకు కావాలి కళాశాల జ్ఞాపిక పుస్తకాలు (College magazines).

**Dr. B. Madhava Reddy**, PRINCIPAL

## Infrastructure of GPRCP Library



Laboratories





































The art of teaching is the art of assisting discovery.
- Mark van Doren







Dr. B. Madhava Reddy Principal



Dr. Sama Venkatesh Professor Pharmacognosy



Dr. V. Harinadha Babu Professor Pharm. Chemistry



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Dr. P. K. Lakshmi Professor Pharmaceutics

"Education is the power to think clearly, the power to act well in the world's work, and the power to appreciate life." - Brigham Young



Mrs. Y. Padmavathi Assistant Professor Pharmaceutical Chemistry



Mrs. B. Jayanthi Reddy Assistant Professor Biochemistry



*Mrs. T. Shailaja* Assistant Professor Pharmaceutics



Mrs. V. Neeharika Assistant Professor Pharmacognosy



Mrs. R. Padmavathi Assistant Professor Pharmacology



Mr. A. Ravi Kiran Senior Lecturer Biotechnology



Mr. V. Vijay Kumar Lecturer Pharmaceutics



Mr. Y. Venu Gopal Lecturer Pharmacology



Ms. K, Latha Assistant Professor Pharmaceutics



Mrs. T. Naga Prasanna Lecturer Pharmaceutical Chemistry



Mrs. Nazia Zareen Lecturer Pharmacognosy



Ms. Y. Neelima Lecturer Pharmaceutical Chemistry





Mrs. T. Radhika Lecturer Pharmaceutical Chemistry



*Mr. Sai Rajesh* Lecturer Pharmaceutical Chemistry



Mr. S. K, Naseeb Basha Lecturer Pharmaceutics



Mrs. M. Rajeshwari Lecturer



*Mr. Khwaja Navaz* Lecturer



Ms. Nasreen Bano Lecturer



Mrs. K, Pallavi Lecturer Pharmaceutics

"Education's purpose is to replace an empty mind with an open one." - Malcolm Forbes





## ਬਰੇਪੁਬ 2009















"A good mentor offers directions and driving tips from the back seat. You still have to drive the car." - Michael Johnson





Faculty Articles

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The future belongs to those who believe in the beauty of their dreams. -Eleanor Roosevelt



### Career Opportunities For Pharmacists In USA

There are a number of career opportunities for Pharmacists in the USA in professional practice, industry, academics and government. The main area of opportunity is in professional practice in a Community or Hospital setting. Community or Retail Pharmacies consist of independent stores which are owned and operated by pharmacists and chain stores operated by a corporation which employ Pharmacists like Rite Aid and Walmart etc. Chain stores offer an excellent career opportunity. Hospital pharmacies are located with hospitals and cater primarily to inpatients admitted to the hospitals which involve IV mixing, drug information, compounding etc. The two practice settings are quite different and require specific skills and competencies.

In order to become a licensed pharmacist in the U.S one must obtain a license from the State Board of Pharmacy. This involves passing scores in Foreign Pharmacy Graduate Equivalency Examination ( usually a score of minimum 75), TOEFL, IBT (reading-21, listening-18, speaking-26, and writing-24), after which National Association Board of Pharmacy (NABP) will send Foreign Pharmacy Graduate Examination Committee (FPGEC) certification. Based on this FPGEC certificate one can apply for internship in any of the states in which are intended. After completion of required hours of internship (ranging from 1000 to 2000 hours), one can take the computer-adaptive North American Pharmacist License Examination (NAPLEX) and Computer adaptive Multipharmacy Jurisprudence Examination (MPJE). Each state has its own requirements. The best source of information for the requirements is the website of respective State Board of Pharmacy. Once the state requirements for licensure are met the candidate can apply for a license to become a full fledged pharmacist.

Foreign Pharmacy Graduate Equivalency Examination (FPGEE) is administered twice each year (April and October) at Pearson VUE Test sites throughout US using a computerized format.

All the details of the process are available on NABP website at <u>www.nabp.net</u>. The candidate must submit an application to NABP along with relevant fees in US dollars and supporting documents including proof of degree with details of duration of the program, syllabus, transcripts, proof of registration/ licensure from State Pharmacy Council and a good standing certificate from the council, etc.

The application process can take several months and it is advisable to send the application with all the required documents in order to avoid unnecessary delays.

Pharmacists are the most respected professionals in the US Community or Retail Pharmacy and are excellent career choices for pharmacists with opportunities for flexible hours of work and good standing in the society.

Other career options for pharmacists include industry (Manufacturing, Marketing, Sales, R&D, Regulating Affairs, Clinical Development, Drug Information etc.), Academics (teaching/research positions), and Government (at FDA as reviewers/scientists at NIH as scientists) do not require licensure but in most cases require advanced degrees such as MS, PhD, MBA etc.

In conclusion, there are tremendous career opportunities for pharmacists in the USA, depending upon one's area of interest.



Mr. V Vijay Kumar Lecturer Department of Pharmaceutics

"To teach is to touch a life forever."

Success

What does success mean? There is no question of success if you have nothing to gain. Success implies non-supremacy. It indicates that *there is a chance of failure*. If something is supreme, there is nothing to loose.

Success means going beyond a limit. To exceed a limit you need to assume that you have a limit. Assuming a limit is under estimating yourself. If you have no boundaries, then where is your success? You do not say that you successfully drank a glass of water, because it is well within your capabilities. But when you do something that is beyond your perceived limits, you claim success.

When you realize your *unboundedness*, then no action is an achievement.

Sometimes you will find that even after putting all the efforts, you may not be achieving the desired goal. That moment don't get frustrated. Just realize that there is a loving presence which cares for you. It takes total care of you like a midwife would do at the time of birth. A Midwife is there standing, seeing the pain of the mother, helping her in the delivery. Similarly, there is a loving presence or Supreme power or Divine whatever you call which wants you to learn something- That the big and great can't be had only by the effort of a small being.

Wake up here & now! Life is more than struggle and complaint! Sing & Celebrate, for God loves fun.

In nature everything is just waiting for you to laugh. When you laugh, the whole of nature laughs with you. It echoes and resounds, and that is really the worth of life. When things go alright, everybody can laugh, but when everything falls apart, if even then you can laugh. You have succeeded.

For Success is having an "undying smile".



Ms. Y. Neelima Lecturer Department of Ph. Chemistry





## Food as Medicine

1. HEADACHE? EAT FISH!

Eat plenty of fish -- fish oil helps prevent headaches. So does ginger, which reduces inflammation and pain.

#### 2. TO PREVENT STROKE DRINK TEA!

Prevent buildup of fatty deposits on artery walls with regular doses of tea. Actually, tea suppresses my appetite and keeps the pounds from invading....Green tea is great for our immune system! 3. INSOMNIA ( CAN'T SLEEP?) HONEY! Use honey as a tranquilizer and sedative.

#### 4. ASTHMA? EAT ONIONS!!!!

Eating onions helps ease constriction of bronchial tubes. Placing onions the chest, helps the respiratory ailments and improves breathing.

#### 5. ARTHRITIS? EAT FISH, TOO!!

Salmon, tuna, mackerel and sardines actually prevent arthritis. Fish has omega oils, good for our immune system

6. UPSET STOMACH? BANANAS - GINGER!!!!! Bananas will settle an upset stomach. Ginger will cure morning sickness and nausea.

7. BLADDER INFECTION? DRINK CRANBERRY JUICE!!!! High-acid cranberry juice controls harmful bacteria.

8. BONE PROBLEMS? EAT PINEAPPLE!!! Bone fractures and osteoporosis can be prevented by the manganese in pineapple.

9. Papaya : is rich in carotene, this is good for your eyes. It is also good for gas and indigestion.

10. MEMORY PROBLEMS? EAT OYSTERS! Oysters help improve your mental functioning by supplying much-needed zinc.

#### 11. COLDS? EAT GARLIC!

Clear up that stuffy head with garlic. Remember, garlic lowers cholesterol, too.

#### 12. COUGHING? USE RED PEPPERS!!

A substance similar to that found in the cough syrups is found in hot red pepper. Use red (cayenne) pepper with caution-it can irritate your tummy.

13. Guava and Papaya: Top awards for Vitamin C. They are the clear winners for their high Vitamin C content. Guava is also rich in fiber which helps prevent constipation.

14. LUNG CANCER? EAT DARK GREEN AND ORANGE VEGGIES!!! A good antidote is beta carotene, a form of Vitamin A found in dark green and orange vegetables.

15. ULCERS? EAT CABBAGE ALSO!!! Cabbage contains chemicals that help heal both gastric and duodenal ulcers.

16. Orange: Sweetest medicine. Taking 2 - 4 oranges a day may help keep colds away, lower cholesterol, prevent & dissolve kidney stones as well as lessen the risk of colon cancer.

"Put your interest in the future, because you're going to spend the rest of your life there."

17. CLOGGED ARTERIES? EAT AVOCADO! Mono unsaturated fat in avocados lowers cholesterol.

18. HIGH BLOOD PRESSURE? EAT CELERY AND OLIVE OIL!!! Olive oil has been shown to lower blood pressure. Celery contains a chemical that lowers pressure too.

19. BLOOD SUGAR IMBALANCE? EAT BROCCOLI AND PEANUTS!!! The chromium in broccoli and peanuts helps regulate insulin and blood sugar.

20. Kiwi: Tiny but mighty. This is a good source of potassium, magnesium, Vitamin E and fiber. It's Vitamin C content is twice that of an orange.

21. Apple: An apple a day keeps the doctor away? Although an apple has a low Vitamin C content, it has antioxidants and flavonoids which enhances the activity of Vitamin C thereby helping to lower the risks of colon cancer, heart attack and stroke.

22. Strawberry: Protective fruit. Strawberries have the highest total antioxidant power among major fruits &protects the body from cancer causing, blood vessels clogging free radicals. Actually, any berry is good for you. They are high in anti-oxidants and they actually keep us young......blueberries are the best and very versatile in the health field.....they get rid of all the free-radicals that invade our bodies.

23. Watermelon: Coolest Thirst Quencher. Composed of 92% water, it is also packed with a giant dose of glutathione which helps boost our immune system. They are also a key source of lycopene - the cancer fighting oxidant. Other nutrients found in watermelon are Vitamin C and Potassium. Watermelon also has natural substances [natural SPF sources] that keep our skin healthy, protecting our skin from those darn UV rays.



Naseeb Basha Lecturer Department of Pharmaceutics



### HOW TO MAKE A POSTER PRESENTATION

I made a poster presentation at BOSTON, USA in June 2008 at a conference organized by the Federation of Clinical Immunology Societies (FOCIS). It being an international conference was a unique experience in itself. I had to present my research in front of an international audience and that required a lot of preparation. I would like to share a few of the do's and don'ts which are to be followed while going for a poster presentation.

First, you need to have a rough idea in mind regarding the matter you want to present on the poster. Take a paper and draw a rough sketch of the exact picture you have in your mind. Just note down the headings and the respective positions at which they are to be placed. Once you have the rough sketch in front, your work becomes a lot more easier. Prepare your poster on Microsoft PowerPoint on a completely new and empty slide. Whatever matter you want to incorporate, type it in Microsoft word and then copy paste it under the respective headings on the power point slide. Reduce the font size and try to prepare a complete poster on a single slide. Make it as similar to your final poster as possible. You can also paste graphs, charts, pictures on the same slide by reducing their size. Once the entire slide is ready, zoom the slide to 300 to 400% and try to concentrate on the individual headings giving them the necessary touches like highlighting of important points, italics wherever necessary.

Regarding the placement of matter, on top the topic should be in giant font size and in bold. Followed by your name, guide's name, college name with your mail ID. This is followed by the abstract which almost covers the entire breadth of the paper and should be in red and visible from a farther distance too. After this you can divide the poster into two equal halves. Include the introduction, theory, principles or chemistry on the left hand side portion and the graphs, pictures or tables on the right hand side with as minimal text as possible. The text should be brief and in bigger font size. Too much text will force you to reduce the font size and also makes it look ugly and boring. Incorporate the text in bullets which makes it easier for the reader as well as the presenter. The colour scheme should be subtle not in your face. The text and the background should be of contrasting colours. Stick to a single type of font with minimal but attractive colours.

At the bottom of the slide include the name of the place and the date when the presentation is to be made. Once this slide is ready you can take this to a professional and get the actual poster preparation done on CorelDraw or Adobe Photoshop. The print can be taken out on three different materials like flex, photo paper or vinyl sheets. Flex sheets are thick, don't tear easily, the print is not blurred if font size is big, are water proof and they're not too expensive. Vinyl sheets are glossy, neat, water proof, colour doesn't slide off but expensive compared to flex. Photo paper is glossy, neat, water proof but tears easily and is very expensive. So all the best to all who are going for poster presentation.



Mrs. Nazia Zareen Lecturer Department of Pharmacognosy

"Have patience with all things, but especially with yourself."





# Batch Photos

Concentrate all your thoughts on the task at hand. The sun's rays do not burn until brought to a focus. - Alexander Graham Bell





## **Teaching Staff**



































# College Events

Coming together is a beginning, staying together is progress, and working together is success. Henry Ford We come, listen to classes, grumble over boring lectures and tedious labs, crack jokes during lunch, doze off in the post- lunch classes and go home. Is that what college is about? Well, the answer until now is YES but from now, the answer is.... NO!!!

So everybody, we will be starting our very own Student Representative Council to take advantage of the facilities the college can offer us and to get out the maximum out of our college life with interactive student clubs- the hub for all the maestros. We can share our views, ideas and come up with creative brainstorms.

For all those students interested out there—voice out your opinions and views like any other from now on! No reason to feel left out or have inhibition. You have a question, raise it. You have a suggestion or idea, share it! What are you waiting for... make the most of college life!



#### **Student Representative Council**

adya 2009 Coloring the

Major Work is to be carried out 1 event every year

- Checking and seeing to it that one club puts forth activity every month.
- Putting forth the plans to principal.
- Updates regarding various events/activities.
- Active role in all college events.
- Scrutinizing the activities of all clubs.

#### **Cultural Club and Creative Club**

- Singing
- Dancing
- Debate
- Skits
- Short Videos
- Members can put forth their work-songs/poems etc
- How/what should be done differently that year



#### Academic Club

Discussions

- Any information regarding Pharmacy field
- Presentations update
- Organizing group discussions
- Encouraging Telugu medium students to speak actively and interact
- Help regarding GRE and other entrance exams in India



#### **Sports Club**

Organize sports activities











<u>ਬਰੇਪ੍ਰਬ 2009</u>

#### Chief Guest

Dr. M.N.A Rao General Manager, R & D Divis Laboratories, Hyderabad

ising to the

#### Guest of Honour

Dr. B. Vittal Rao Deputy Director & Scientist- F Organic Division- II (Discovery Lab) IICT, Hyderabad

#### P. Subba Reddy

Secretary

G. Pulla Reddy College of Pharmacy

them.

#### Farewell with a difference

difference The budding pharmacists wrote the right prescription and it was appreciated their treachers, peers and fuirs. The final year student of B.Pharmacy course of G. Thula Reddy College of Pharmacy budding the same to an or phange managed by Hydera, anded over the orphanage during the annual day celes through the same to an or phanded over the orphanage through the same to an or phanded over the orphanage through the same to an or phanded over the orphanage through the same to an orphanage managed by Hyderas the same to an or phanded over the orphanage through the same to an or phanded over the orphanage through the same to an or phanded over the orphanage through the same to an or phanded over the orphanage through the same to an or phanded over the orphanage through the same to an or phanded over the orphanage the same to an orbit the same to an the same to an orbit the same to a same to

bining are tamen who was involved in collecting the contributions said, "It is a no-ble initiative from the outgo-ing students. It is a reminder to every one of us of making difference to our society." As-sistant Professor B. Jayanthi Reddy said that the idea came

from the students and it re-flects the values inherited by

Indian identity, HIV/AIDS, peace and brotherhood among all Indians, terrorism etc. As part of the camp, com-petitions were conducted in various events. Badruka Col-lege team consisting of Avi-



అనాథల అభ్యున్నతికి ఫార్తసీ విద్యార్థుల కృషి

లనాంధల అధ్యున్న ఊరికి ఫార్మన్ విదిన్సార్పుల కృషి కారిడ వార్గిత్సరాలు, సిధిపిల్ సిధిం పారావిక ఇప్పుడు పెట్టన పిధిం పారావిక ఇప్పుడు పెట్టన అది యువత ఉం రి జరియిల్ పిరింది కారీ... ఈ వేడుకలను సంజా వరి రెంత పుంది అద్దు కార వుంది రెండి పుంది అద్దు కార వుంది రెండి ప్రార్ధిలు కూడి పిల్లాని పూడిగలుమే దిన్న అదిశి దిన్నార్తిలు త మెల్లాన్ని కూడబిల్లాని... శిష్మపోహిందుకున్నారు పార్గికు అదుప్రకాశాలదుకున్నారు పారిత్రంపులే ప్రార్శులు శిష్మపోహిందుకున్నారు పారిత్రంపుల్ ప్రార్థిక ప్రార్థికు పారిత్రంపుల్ ప్రార్థిక ప్రార్థికు పారిత్రంపుల్ ప్రార్థికు పార్గి ప్రార్థికు పారిత్రంపుల్ ప్రార్థికు పారిత్రంపుల్ ప్రార్థికు పారిత్రంపుల్ పారిత్రంపుల్ పారిత్రంపుల్ పారిత్రంపుల్ పారిత్రంపుల్ పారిత్రంపుల్ కారిత్రంపుల్ పారిత్రంపుల్ పారిత్రంపుల పారిత్రంపుల్ పారిత్రంపుల పారిత్రంపుల్ పారిత్రంపుల్ పారిత్రంపుల్ పారిత్రంపుల్ పారిత్రంపుల్ పారిత్రంపుల పారిత్రంపుల్ పారిత్రంపుల్ పారిత్ పారిత్రంపుల పారిత్ ప కలకు ఓ పరమారం ఉందాల సన్నారు. అంతే.. రేయి రేయా సారి.. దాపాయ దాచు పై మొత్తాలను జమ దేయగా గ్రం 12 వేం రూపాయలను దరాబాద్ జౌచ్చిల్ ఆఫ్ స్టామన్ ఇల్ పిర్ నిర్వహిత్తేన్న ఇ చ గరణాలయానికి విధాశం

రిద్యార్థలు అన అనందం మా మేము నేక సార్థకత ఏర్పడి ద్యార్థం నందిన్నన్నాను.' అన్నారు. ఇ విద్యార్థలకు ఆదర్శంగా నిలిచ ని కొనియాడారు

జాదారు. –సిటీలైఫ్ ప్రతినిధి



**Challenges** Annual Day , 11 Jan. 2009
















# G. PULLA REDDY College of Pharmacy













Senior Feedback, & Advice

Action without planning is the cause of all failure. Action with planning is the cause of all success. Brian Tracy Arun Satelli B. Pharm 2005 Batch

### ACADEMICS AND GPA

ua 2009

#### 1) How much importance is given for B.

**Pharmacy percentage?** In reality, we can assume a 30% weightage for academics in B. Pharmacy. However, in case you get it evaluated by <u>WES</u> or any other approved GPA evaluating organizations, it will be very helpful. Understanding the percentile would be difficult rather sending the academics in GPA as A, B, C grades. This will help a lot more than expected. It is costlier to get evaluation done, but it has a lot of benefits.

2) What if my academic aggregate percentage is low but I have a good GRE score? Then can I apply for top Universities for Pharmacy subject? Again, academics weigh just 30% of the evaluation. GRE stands a good chance for 25% of the evaluation, rather to say, much applied for the M. Pharmacy. For PhD it would weigh just 10-15% chance. The Professor here rather is inclined towards the research experience/extra curricular activities. So, other experiences weigh a lot more than expected. 3) What is an 'OK' academic percentage for applying to higher studies abroad? 65% + is good.

#### 4) What is this GPA?

Your grade point average (GPA) is calculated by dividing the total amount of grade points earned by

the total amount of credit hours attempted. Your grade point average may range from 0.0 to a 4.0. For example:

A=4 grade points B=3 grade points C=2 grade points

D=1 grade point

#### WF/F=0 grade points

P/NP (Pass/No Pass) courses are not factored in the student's GPA. I (Incompletes) and W (Withdrawals) do not receive grade points and do not have an effect on the GPA.Source : <u>http://www.back2college.com/gpa.ht</u> <u>m</u> Here you can calculate your GPA.

5) What should be the minimum GPA for higher studies? Above 3.5 is preferred.

6) What if I have backlogs? I've cleared them but will that be a major problem when I apply for Universities abroad? Will this be difficult to obtain an I20 and visa?

Backlogs will be disadvantageous when you face VISA. But in reality it would pose a very little problem. Unless, you would cross the limits - more than 10 etc...

"Try not to become a man of success but rather to become a man of value." - Albert Einstein

### G. PULLA REDDY College of Pharmacy

### <u>GRE</u>

# 1) What should be the minimum score

a) MS in General Chemistry : 900+
b) MS in Pharmacy subject: 1200+
c) PhD in Pharmacy subject: 1000+

Here I am not pretty sure, but variations are much expected.

# 2) Is GRE always the major criteria/first preference during the admission process?

For Masters it is a MUST. For PhD, it is secondary.

# 3) What should be the minimum GRE score to get scholarship?

Above 1200 helps. But again, variations are expected.

4) What books would you prefer for Verbal and Quantitative Math? Nothing would help, but preferably BIG BOOK. Also, Princeton will do the same. We will try to post some of the eBooks available for GRE which can help these students.

5) Incase I take GRE more than once then which score will be considered? Usually higher one is used.

### TOEFL

1) What should be the minimum score in TOEFL to get an admit in good universities for Pharmacy subjects? 100+ is very much expected.

## 2) How much preference is the TOEFL exam given?

English is basic requirement as a way to communicate, so it is a must.

3) Are there any TOEFL based Pharmacy Universities? Most of them are.

4) Will a Low GRE score and Good TOEFL score work? This would be interesting. GRE is always more a REQUIREMENT than TOEFL. So the opposite might work out but not the asked one. 1) During the selection of universities, should I take the University Rankings into consideration?

No, it is least required.

2) If I study in a University with a low ranking, how will that matter after I am done with my master studies? Probably, it is rarely affected. It seems that many from low ranked universities are doing better than expected.

# 3) Could you please tell me what are the good universities in US regarding the security of the place?

Hmmmm.. All places are the same. The point is that there are more than 100 of that kind of things happening here in US every month with every Indian. But only 1 is killed because of the resistance. The other 99 cases are never even heard off.

# 4) How about funding? Do we get funding for Pharmacy subjects?

Masters: Funding is rare in the first year. Second year is much expected. PhD: Guaranteed free education plus Scholarship/Assistantship.

# 5) What are the criteria that the Universities consider during the admission process?

Masters: GRE, TOEFL, Academics and Extra curricular activities.

PhD: Along with those above, Research experience (Industrial experience).

# 6) How can I contact my seniors to clarify any doubts and for more information?

You can contact us by email: <u>pharma army@yahoogroups.com</u> We guarantee 100% reply. Any questions pertaining to US/India, we are always there. Also, regarding academics and any other stuff, we are always there.

### MS/PhD

# 1) What should be my GRE and TOEFL scores?

GRE and TOEFL scores above 1200 and 100 respectively are good .

# 2) Is it ok if I do my MS first then get into PhD?

It is very much preferred. But if you get integrated its much more easier.

# 3) What is the advantage of an integrated PhD?

You are done with PhD faster, so you can opt Post Doctoral Experience instead of doing 2 years of Masters. Post Doctoral experience is more valued than Masters.

#### 5) What are my opportunities once done with integrated PhD? Plenty of opportunities.

A. Lecturer - \$ 85,000 B. Post Doctoral fellowship - \$30,000 to \$50,000 C. R & D Job - \$70,000 to \$100,000

# 6) How long will it take to complete this MS/PhD?

Usually 4 to 5 years.

# 7) What is the difference between normal PhD and MS/PhD?

Both are the same. Only, if you have a Masters from some other course, it would stand as a great advantage. For example, MS in Chemistry and PhD in Pharmaceutics will be of great advantage.

# MS in CHEMISTRY

# 1) How about opting for General Chemistry?

General Chemistry with Master's Thesisthis would be the last option of doing something in MS (better than doing something in UK/Australia, due to job and money limitations there). In case you get an option to do that, you can happily choose something like Analytical Chemistry/ Medicinal Chemistry/ Organic Chemistry or many others.

2) I hear seniors saying NO to General Chemistry and they say that it is better to stay in India rather than coming for M.S in Chemistry. What actually is the problem with General Chemistry? What are my opportunities after I finish Master studies in General Chemistry?

Ya it could be the opinion of others, but we do have many who have done MS Chemistry and then have gotten jobs somewhere or the other. Best people to approach would be Hari Krishna Reddy (2005), and also, Divya (2005). Right now, we have 3 others looking for job and will probably be getting that soon. Also, after MS in General Chemistry opting PhD would be the best option as they would accept MS with Chemistry in any field such as Pharmaceutics, Medicinal Chemistry etc. For this, you can approach Shashi Kiran Kudugunti, Sravan Kumar Penchala (joined MS Pharmaceutics) and Phani Chand (2005). They have successfully finished their MS and have joined PhD without any problems. Kiran Keerthi (2004), our senior is very successful with MS in Chemistry, with a very good job since the past 2 years.

# 3) What are my opportunities after I finish Master studies in General Chemistry?

Many of the Pharmaceutical companies are looking for people from MS General Chemistry background, the need is to provide basic analytical help. There would be salaries starting from 40k to 60k. Most of the companies will be adya 2009

the DESI companies. But still the options of getting a job are good enough.

#### 4.) How about ANALYTICAL CHEMISTRY? What are my opportunities after M.S in Analytical Chemistry?

This would be a best option. There would be ample opportunities to get into companies. One of the best options again is to join in a research lab as a LAB TECHNICIAN. This position covers -RESEARCH, HELPING other graduate students, maintaining lab etc. Ultimately, this will lead to a Senior Research Associate.

5.) Can you please let me know a list of universities for Chemistry in USA?

Western Illinois University Eastern Illinois University Lamar University Southern Illinois University University of Cincinatti University of South Florida Florida International University Texas A&M University South Dakota University North Dakota University Long Island University FDU

6.) What should be my GRE,TOEFL & GPA for Chemistry ? GRE : 900+ TOEFL: 85+

GPA:

3+

Kamal K. Soan B. Pharm 2007 Batch

<u>PRESENTATIONS/</u> INDUSTRIALTRAINING/ RESEARCH WORK/ PROJECT

How does above matter affect a student during the admission process? How far can they help a student in getting admitted?

Well all the above stuff depends on the level you have performed, but research work and project would really help you more in getting admission as you are acquiring knowledge as a process for your future studies also. So work on those areas and get some good ideas and knowledge. Presentations and Industrial training would help you gain knowledge what you have studied in B. Pharmacy and would be helpful to show that you have taken part in learning and presenting more of yourself.

### <u>B.PHARMACY JOB/</u> INTERVIEWS

Is it ok if I stop my studies with B. Pharmacy? What are the career opportunities available after B. Pharmacy? How much will be my pay? How long will I have to stay in the initial phase before I get to next position in my job?

It would be good if you can continue your studies further to M. Pharmacy to gain more scientific

"It is possible to fail in many ways...while to succeed is possible only in one way." - Aristotle

knowledge and get into a better position of job in life. Well after doing B. Pharmacy you can do jobs like:

- As Analyst - in chemical industries like Vimta Labs - Rs. 7000/month pay.

- As Medical Representative for GSK, Eli Lily - Rs. 9000/month pay.

- As Production Manager

- As Data Management personnel like in Data Monitor company - Rs. 12,000/month pay.

Well one year of experience counts a lot, so it would be good if you can stay in a particular job for a year and move on to the next position in another company.

# 3) Is it worth it if I work for one year and then get back to studies?

Depends on which kind of studies you want to pursue. If it is MBA, doing 1 year of job and getting back to studies helps you a lot, whereas coming to M. Pharmacy, it would be good to continue straight after B. Pharmacy as lot of effort goes into it and you would feel a bit relaxed in life once you start earning and would not like to put much effort in serious studies like M. Pharmacy, so think over the pros and cons and take a wise decision.

# 4) Does academic percentage matter the most during interviews?

During interviews, your Intelligence, Imagination, Self-Confidence and Communication skills help you a lot, % of academics would not make much difference if you do not have the above qualities so if you work on those four important qualities, I am sure you would be a winner.

# <u>UK/AUSTRALIA/</u> <u>CANADA</u>

# 1) Going for UK/Australia is it a good option?

Well going to UK or Australia is a good option if you cannot do either M. Pharmacy in India or MS in a Pharmacy subject in US.

# 2) What is the present scenario for Pharmacy students there?

Well, UK is good for doing MS in Pharmaceutical Sciences or Pharmacology, and Austrailia is good for doing MS in Clinical Research or Good Manufacturing procedures.



#### 3) Is it easy to get a Pharmacy subject in UK with not so good score when compared to USA?

Yes, you can get into UK with IELTS or TOEFL when compared to GRE and TOEFL for US.

# 4) Is the MS in UK valid all over the world or is it valid only in UK?

MS in UK is valid in European countries, in India. It is valid in US too but on educational grounds to continue further studies.

#### 5) Can I get a job in UK after my studies?

Yes, you would certainly get a job in UK, India, but not as greater chances when compared to US education.

### 6) How is Australia for higher studies ? What are the exams I need to take for studying in Australia?

Australia for becoming a Registered Pharmacist is a bit tough but MS in CR and GMP are good to go, IELTS and TOEFL are the two exams that would help you go for.

# 7) UK or Australia ? Which one is better for Pharmacy higher studies?

Well I would suggest look for the course you are interested in and go for UK or Australia wherever it is offered.

### 8) How about Canada for higher studies? Canada has good course of Biostatistics, if you are interested you can go for it, but my suggestion would be drop the plans of going there as there are lot of racism cases in that country and also you are sent back once you are done with your course with stringent visa rules.

# <u>SLIDING</u>-

Coming to US on a Chemistry subject and then sliding/ trying to get into a Pharmacy subject, how far is this possible? What are the pros and cons of sliding?

Sliding - well if you have an admission already in a Pharmacy subject, coming on Chemistry and then sliding would not make much difference. But coming on Chemistry and then planning to shift to Pharmacy would put you into many things.

Pros - If you are interested in core-Chemistry then coming on this option is good, can do MS in Chemistry as you can learn new instruments here in US with many new featured advanced instruments like LC-MS, GC-MS, NMR, FTIR, etc. Doing MS would not just be sufficient with Chemistry, but backed up with PhD degree in chemistry would put you right on the top with other PhD holders, so think properly and apply. Cons - Doing MS in Chemistry is a hard task as we are not exposed to such basic Chemistry and it would be a bit hard for us to grasp that stuff very fast. After MS, getting a job is also a bit hard

# **SUGGESTIONS**

1.) Start working on higher studies right from the end of 2nd year. One year research of Universities will

"Always bear in mind that your own resolution to succeed is more important than any one thing." - Abraham Lincoln



help you for easy understanding of your ability and applying in the final year of B. Pharmacy studies.

2.) If you are interested in PhD studies, it would be really good if you apply for Integrated PhD rather than doing MS first and then PhD, because that would not only curb down your course work but also decrease the duration of your studies.

3.) Learn SAS and become certified SAS personnel by passing BASE SAS exam if you want to get into IT field after your MS either in any Pharmacy subject or Chemistry.

# <u>COURSES</u>

How about doing/opting the following courses ,what are the minimum score requirements & please do mention 1 or 2 universities for the following & also job opportunities after M.S 1)M.S in Industrial Pharmacy 2)M.S in Pharmaceutical Management 3)M.S in Biostatistics 4)M.S in Health Administration 5)M.S in Pharmaceutical Engineering

1) M.S in Industrial Pharmacy -University of Toledo, Campbell University

2) M.S in Pharma Management - Rutgers University, New Jersey Institute of Technology

3) M.S in Biostatistics - New Jersey
Institute of Technology, University of
Medicine and Dentistry of New Jersey
4) M.S in Health Administration -

California State University Northridge, George Mason University 5) M.S in Pharmaceutical Engineering - New Jersey Institute of Technology. Minimum GRE score is 1100 for almost all the courses above,1000 for Health Administration, TOEFL - 80. Jobs for all the above courses are good especially Biostatistics but currently due to recession it is hard to find a job easily, but at normal times, they all have good job opportunities.

#### UNIVERSITIES LIST

Universities which offer Integrated PhD are 1) Texas Tech University of Health Science Centre, Amarillo, Texas -Pharmaceutical Sciences 2) University of Louisiana Monroe, Louisiana - Pharmacology, Toxicology, Natural Products, Medicinal Chemistry, Pharmacy Administration, Pharmaceutics. 3) Temple University, Philadelphia -Chemistry, Pharmaceutics 4) Louisiana State University, Shreveport - Pharmacology, **Biomedical Sciences** 5) Tulane University, New Orleans -Pharmacology, Pharmaceutical Sciences 6) Louisiana State University, Baton Rogue - Pharmacology 7) University of Missouri, Kansas City - Pharmacology, Pharmaceutics, Medicinal Chemistry 8) Mississippi State University -**Pharmaceutics** 9) Oklahoma State University -Pharmaceutical Sciences 10) Florida International University -Chemistry

11) University of Central Florida -Chemistry

- 12) University of Nebraska Medical Centre - Pharmaceutical Science
- 13) North Eastern State University -Pharmaceutical Science
- 14) Duke University Pharmacology
- 15) Duquesne University Pharmaceutical Sciences

16) Virginia Commonwealth University -Medicinal Chemistry, Pharmaceutical Sciences

Well for scores and stuff it would be good if you check the university website, for more info on schools check <u>www.gradschools.com</u>



Alekhya Karuturi

B. Pharmacy 2008 Batch

#### 1) Studies In USA-- is it the right choice? What do you say?

Well, I personally feel it is very good. You will learn a lot in a very different way. until now in undergraduation, we will study about basic aspects which give you an idea about things, but now you will learn things in depth, and their exam patterns are very different which would make you work hard for the whole semester in different ways which would help develop your skills. For example, your 100% of final grade would be divided into 20% assignments, 20% projects, 20% seminars/class participation, 20% midterm exam and 20% final exam, which will not test your capacity of

Remembering but whether you understand. So I personally feel this kind of system is very tough but will help you a lot in the long run.

# 2) Any advice you can give the current students regarding higher studies?

Well an advice regarding higher studies would be your personal interest. All the while when you are studying just realize which subject interests you and what exactly is grabbing your attention and makes you feel you can frame your future well. If you would like to go for research in Pharmaceutics, Pharmacology kind of subjects are useful. And if you want to get into jobs immediately then Pharmaceutical Analysis, Pharmaceutical Administration, Regulatory Affairs are the best subjects. But again your personal interest counts and it is again all in you. Chemistry is an all in all subject, you can get into job after doing it and also can go for research in future.

# 3) What are the mistakes that you made (incase if any) during university selection process which affected getting I-20's or after going to US?

I did not make any mistakes regarding the university. But regarding the subject, I took Pharmaceutical Engineering first but felt it had lots of Maths in it, which I personally do not like. So I shifted to Biomedical Engineering and also did a few pharmaceutical subjects so

"The road to success is lined with many tempting parking spaces. " - Traditional Proverb

that Ican correlate them both in a good way. So now I am on a good line.

# 4) What are the common mistakes that students do while choosing universities or when its time to decide for higher studies?

Some common mistakes which usually all of us do when we try to select a university or subject is to jump into conclusions that this subject is good because we have our seniors, go by false impressions created by the consultancies, or just go for universities where you have your friends or seniors. Well I think this is bad. There are many universities which would like to take you if you stand up to be a potential candidate for that subject. Do not judge a university only by its ranking and find out if your subject is good in that university. Mail the international student office and the professors, bug them with all your questions, no worries, they will answer back. If they do not answer back, call them and find out. And you can also contact the students studying there. Everything will be in the website, but do not just go for something. Do some survey and go. You would enjoy it then and would be on good lines too.

### BIOMEDICAL ENGINEERING WITH PHARMACY

Biomedical Engineering is a subject that deals with application of engineering techniques which involves understanding of biological systems and the development of therapeutic technologies and devices. The term itself sounds to be new as we never came across this during our course curriculum in B. Pharmacy, and so the first question that arises to many students is "will it not be a deviation from our current course?" It is not exactly a deviation from Pharmacy but it is one different stream. We can relate many biomedical engineering techniques in the field of pharmacy which proves to be a very big success.

Before getting involved with its application in the field of Pharmacy let us talk briefly about this subject. The subject deals with

MEDICAL EQUIPMENT DESIGN AND OPERATION: Here we get a complete knowledge of the various medical devices used in the health sector. We would also get to know about special medical equipment used for various purposes. This subject would help you develop sound knowledge on the medical devices used, their purpose and their working.

MEDICAL IMAGING AND PROCESSING: Here we study the exact techniques on how the various equipments deal with imaging work. Like MMR, X RAY machine etc. We would also learn the software based back up which is used in the functioning of these equipment.

TISSUE ENGINEERING: Here we concentrate on the various tissues of the body and the design of scaffolds which is a leading research program

going on. And also about the various drug delivery systems that can be developed using tissue engineering.

2009

BIOMATERIALS: Biomaterials is a subject where we study about the different materials that can be used for biological purposes. They concentrate on nano technology which is widely used for drug therapies these days. This subject deals with all the types of materials used, their properties and their applications in the field of medicine and also drug delivery.

These are few subjects which are mainly dealt in this field. Apart from that there are subjects like medical instrumentation, neuro muscular engineering and some basic anatomy related subjects etc. These subjects vary from university to university but the application of the final curriculum is the same.

Now how is biomedical engineering related to Pharmacy? The techniques of biomedical engineering are being widely used in the drug delivery systems. For example nano technology. Here we design drugs of nano size and directly target it to the specific site or organ where the therapeutic activity is required. Most of the cancer related drugs are designed using this concept. Apart from this, nano technology is also used in various aspects of drug design and drug delivery which are still being explored. Due to the wide range of applications and successful results that are being shown a lot of research on nano technology in

drug design and delivery system is going at present.

Apart from nano technology there are many tissue engineering principles that are used in designing scaffolds. These scaffolds are used to cure various skin related problems and also used in various medical surgeries. This is also one of the emerging fields in the world of medicine.

Biomaterials which are considered to be those substances that are compatible with the body are also highly examined so that they can find suitable materials which can be used in the drug formulations. For example matrix tablets, creams, ointments, contact lens etc. All these pharmaceutical sectors use biomaterials as excipient ingredients or as a polymer substance to support the product and help in the release of drug with maximum bioavailability.

In this way biomedical engineering has got various applications in the field of Pharmacy and in the drug delivery systems and is considered to be an emerging field of opportunities



Prabodh Kandala B. Pharm 2007 Batch

My general opinion on choosing universities and studies in US is that different people do it differently. Let me classify higher studies into four sections.

"You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing which you think you cannot do." - Eleanor Roosevelt

### **HIGHER STUDIES**

1. PhD in Pharmaceutical Sciences, where you must aim for a score above 1500 (at least 1300 to apply) to get an admission.

2. PhD in Chemistry. You need a score of at least above 1100. Above 1200 would be better.

3. MS in Pharmaceutical Sciences, where you need to score above 1300 (above 1400 would be good) to get an admission.

4. MS in Chemistry, scores above 900 are good for a normal or private university and at least above 1000 is good for better universities.

### **UNIVERSITIES**

Admissions into a particular university depend upon the number of openings for that year. Your score may be very high for a particular university, yet you may not get an admission there because of lack of openings that year. (I applied for PhD in Pharmaceutical Sciences in University of Mississippi . My score is a lot more than what they needed, but I got rejected just because, there were no admissions in that university that semester).

Most of the scores ranges I mentioned above are considering to get admission into at least an average university at a good place

where you may have opportunities to get a part time job.

Few universities, especially private universities, give you admission for any type of score that you get. In that case choose a university in the place where you will have part time job opportunities.

Remember exceptions are always possible. And do not anticipate everything from there. Once you get an I-20, try to find seniors there or at least Indians at that place through social networking sites (like Orkut and Facebook) and know information from them. And then choose a university from several I-20's you received and apply for Visa interview.

### **STUDIES HERE**

Studies in USA are good considering the infrastructure US has and the resources they provide. In short, US is a land of opportunities. Moreover it helps you to learn different cultures. But remember, to excel here is not just a cake walk. You need to apply yourself 200% in whichever field you are.

### **THAT PHASE OF MINE**

I relaxed when I got a pretty high score of 1330 for GRE, which I realized is not a high score at all later. I have applied for 12 universities, out of which I received 10 rejection letters. I got just 2 I-20's, one for Masters and the other for PhD in June 2nd week when most of my classmates had already started packing for their travel to US.

This is just because of a wrong choice. My aim was to get into PhD program in U.S with funding. I applied for very good universities like Rutgers, Purdue, University of Tennessee, Temple etc. adua 2009

in Pharmaceutical Sciences department. Frankly speaking, even scores above 1500 would have been low to these universities (unless you are lucky), just because, here most of the Principal Investigators (PI's, in other words, professors who do research work) look for students who have either Masters or work experience in their field. It would have been a different story, if I had applied for other universities like one you provided in the list.

So simply choose your subject and university based on you GRE, TOEFL and academic scores.

GRE, TOEFL are deciding factors, though some universities consider academic scores.

### **IF INDIA IS YOUR CHOICE**

For doing your Masters, you have GATE, NIPER, BITS entrance exam, PGCET (AP Colleges), Manipal tests. Start a good preparation from 3rd year itself. Go to coaching if you have an option and give your test once in 3rd year.

For MBA in good schools, CAT, XLRI, Symbiosis etc-read magazines like CSR and JSR. Concentrate from first year itself. And go to coaching during 3rd year, attempt once during 3 rd year and very seriously during 4th year. There are very very feeble chances to get into business schools with under graduation degree. Now a days, they are looking for people with job experience, so in such a tough competition, you need to be an exceptional candidate if you are aiming for opportunity immediately after you graduate with B. Pharmacy.

### **MY SUGGESTION**

Just two things:

1. Sky is the limit for any thing. So aim high and never give up for any kind of thing.

2. Never give up and work hard to achieve your dreams without thinking about success. Put 200% effort. "HARD WORK IS ALWAYS CONSERVED". Your efforts may not be fruitful immediately but they are definitely fruitful.



Regonda Rajendra B. Pharm 2003 Batch

One message to the existing students, especially to the final year students is that there are plenty of ways/ opportunities available after <u>B. Pharmacy.</u>

One can broadly categorize the opportunities into:

1) Academic Side

 Pharmaceutical Industry -Production, Quality Assurance, Analytical Development, Quality Control, Regulatory Affairs, IPR (Intellectual Property Rights) and R&D.
 Pharmaceutical Sales/Marketing
 Clinical Research

For every segment post graduate and further degrees are very helpful. Each and every sector has its own

"You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing which you think you cannot do." - Eleanor Roosevelt

advantages and credits. So, right in the beginning of the final year, preferably from third year, one should decide his/her own career path and should go ahead in that direction.

Every career out of the 4 has a tremendous potential to grow, it only depends on us to choose which is suitable for us, that depends on various personal interests and other factors.

All the very best to all the current students.



Amit Kumar Bhakkad B. Pharm 2005 Batch

The basics are very important, so whenever you are studying, concentrate more on basics than the whole thing. If you want to be in India and study in prestigious universities like Manipal, Bhartiya Vidya Peeth, Niper and others, you need to qualify for GATE with high percentile. To get in to it, I say write down the class notes, and I know how important it was. Since we have lots of course work in B. Pharmacy, the semester is over so fast that we don't even get the chance to collect the whole idea, before you get in to the next semester.

Regarding GRE and TOEFL and Universities:

Start planning when you are in to the

beginning of the 3rd semester to be in India or to be abroad.

Take the coaching no matter how good you are at Verbal and Maths. To get admission in to MS/PhD program you need to have GRE and TOEFL of at least 1200 and 100+ respectively.

Then plan accordingly your interest in area of subject, and contact the seniors or lecturers present in the university you want to go to... Academic Interest:

I think it is a personal interest and it is up to "YOU" to decide where you want to go and what is the good option, no matter where you get guidance from your friends, family, lecturers, seniors etc...

### Back to GPRCP!!!







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World.





I cannot even imagine where I would be today were it not for that handful of friends who have given me a heart full of joy. Let's face it, friends make life a lot more fun. <u>Charles R. Swindoll</u> ਬਰੇਧੁਬ 2009C

tudents

nternational

Written by Nirupama Nishtala, assisted by S. Shilpa and Vineetha ( B. Pharmacy III Year)

I guess almost every student in college right now wants to go abroad for his/her further studies. How is it then that no one wonders about how life is going to be abroad - a country we haven't been to before, people we've never known or seen or heard of, languages we never dreamed could exist, food that is so vastly different from ours to actually appear alien? And if any of us has wondered about even one of the aforementioned, how come none of us want to encourage people who have made an effort to adjust to all of this? Only a blind person would not have noticed the new additions to our college body. Many of them are from Africa and a few are from the Middle East.

"Don't judge a book by its cover" - an adage that has been used so much as to appear overused. But that again, is the keyword. "Appear". Simply because people appear different from us and dress and talk differently does not mean that they are "Weirdos From Another Planet" as Calvin would put it. So maybe it is about time we get to know them? A bunch of us tried to do so. The results were not too surprising, of course - they all proved to be a set of intelligent, humorous and friendly people who are looking for the same things many of us are - someone to laugh over a joke with, someone to encourage in a game, someone to receive a welcoming smile from, someone to fight with- a friend.

So how did they all find out about our college? Almost everyone right now knows that India is growing rapidly as the Pharmacy hub of the East. And Hyderabad is right now at the pinnacle. Osmania University is of international repute so that is whom almost everyone approached. Our college was recommended to every one of them as the best in the state.... GPRCP rules huh?

Our country is so vastly different from the countries most of them are from - West African countries like the Côte d'Ivoire (Ivory Coast)- Franceska, Michel, Fabrice, Okou, Ossey, Grah - and Anisa and Yasmin from Somalia, East African countries like Sudan -Mohanad, Adam, Zeineb from Eritrea and George from Uganda. Muniba is from Canada and Rashed is from Yemen. Can you imagine the cultural shock they must have faced when they entered the country? Some however, like George, are very complimentary,

"...the dresses Indian girls wear (salwar kameez and chudidhar) are very elegant and beautiful. Girls in my

"Sometimes the perfect gift is a cheery smile."

country wear the same on special occasions and they are copied as the highest level of fashion." I SO know I'm gonna take my clothes to the US with me when I go - they are the highest level of fashion!

Aside from flattering statements like these that they had to make about culture, they have also faced a surprising problem - most people in our college come from Telugu background so it is natural that the teachers would lapse into it during a class, with the students' best interests at heart of course. However, for people who haven't heard even a single word of the language before in their lives, it is almost impossible for them to follow a class interspersed with Telugu catchphrases and sometimes, complex explanations. Many of them realize that this is not intentional but they do wish that the teachers could be a \*little\* more careful.

Mohanad says, "In fact my family and my friends did not like the idea that I am going to India but I came here hoping to explore the different culture, see different people and know about a new religion and live in different society. But I have 1 and 1/2 year in India and the above mentioned subjects are a big mystery. It is dangerous to have questions about it?! I know to be different does not mean you are bad but we need time and the exposure, then people will get know to you and the background you came from. In general, the culture and the language and all that is not a problem to us because we already

know it will take time to adjust to the environment and people."

And speaking of languages, everyone from *Côte d'Ivoire* is fluent in French. We all know the value of knowing a foreign language... why not ask the natives in the language to teach it to you then?

The education system in their countries is also entirely different from ours. Anisa, Yasmin, Rashed, Franceska, Zeineb, Mohanad and Adam think our system is good - much better than what they were used to, both in terms of faculty and teaching system. While Muniba and others lament that the college is too strict, treating the students as if they were 5 year old kids and not adults with a mind of their own, Anisa had an insightful point of view on the same: "....look around the world, half of the doctors, professionals, computer specialists [notwithstanding Ramalinga Raju] are all Indians. They are all living proof of how being forced to study even at this stage is good." Jai Hind?

Something that George said that I want to mention just to watch people getting shocked, "...there are not enough analytical questions in our question papers. They are theory based and don't really test a student's knowledge - most test only the memory power". He, along with Muniba, Franceska and many others, are also concerned that they do not seem to be able to get all their doubts clarified in class itself. Ossey, meanwhile, hates it that many people fool around in classes and disturb the lecturers. How is that for conscientious?

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Many of them, including Muniba, are used to receiving a good number of books from the library and are completely dissatisfied that they receive only 2 per semester/year. Also, is it not weird that the library is closed during lunch when students can actually use it but open during classes when no one can?

While that IS a thought to mull over for a while, Mohanad, Adam, Ossey (Okou's cousin), Fabrice, Michel, George and many others, wish that we could have games more often in college, not just restricted to one week a year. They were used to a system where physical activity was as important as mental activity. No wonder they pine for it. I think many students share this sentiment. To what extent the management will approve, it is completely another issue though. Speaking of games, football and basketball are 2 games many are really hoping will be considered as possible inclusions in the next Annual Sports Week celebrations. I really hope the management will consider this thinly veiled request and accede to it. After all, "All work and no play makes Jack a dull boy." And honestly, I do feel so dull to realize that the next time we play games in college as a team, will only be after a year!

Many of them also hope that they could have a place to hang out as a group - and not just at the girls' lounge or the nearest bakery. It is a completely different feeling altogether to feel like a group of friends in college having fun - I think many of us will identify with this thought.

Surprising is it not- how much we can identify with so called "foreigners" when they are so much like we are. Why then, do we stay away from them? Why is it that we require a separate column for them, to introduce them to everyone in the college instead of as regular students of the college?

Anisa sums up their sense of hurt and wanting to belong in these 2 lines, "We would just like to be exposed to the college. Let everyone know who we are and that we want to be friends."



"Friendship speaks in words your heart can understand."



#### G. PULLA REDDY College of Pharmacy 57 **B.** Pharmacy I Year



#### Name: Anisa Abdirizag Hassan

**Country:** Somalia (East Africa) Language: Somali



My feelings about GPRCP: I think GPRCP is like any other college in the world. But one thing which I feel missing is interaction between the foreigners and the locals. However, it is for no one to blame. It is just the matter of not getting used to it. This is the reason I feel that we need some interaction to help improve the communication between us and have a friendly environment. Otherwise, I am very happy with studies, teachers and the condition of the college and appreciate being a part of the big family.



#### Name: Yasmin Abdirizaq Hassan

Somalia (East Africa) Place: Language: Somali Hobbies: I like playing basketball, dancing and watching TV

this means a lot to me, I mean the asking)

What I like about about India: I came to India for education, for sure I miss my family and friends. My feelings about GPRCP: I really like the college because I think it is a nice place for education and that is what matters first. But as young stars, we need some entertainment, and I think we need some place to hang out and eat inside the college because the break time is very short to go out and bring food along with us as we do not have some one to cook for us at home. I really like all my teachers and classmates now. Hey, I also love Bollywood, so for sure I like India. I understand that it is a 1 billion people country and most of the things are not perfect, but it is ok. I am up for anything fun in this college. (Thank You so much

#### Name: Mazen Ali Qasem

Country: Yemen-Saudi Arabia

Language: Arabic



What I like about India: I came to India for studying because the Pharmacy education in India is very good when compared to my country. Sometimes I feel homesick, but it's ok because I think I have to study and finish the course for my career.

#### Mohanned Sami Mohamed Khair Name:

Country: Sudan

Language: Arabic

Playing football Hobby:

My feelings: I am missing my family, my friends and everything about my country. I am also missing my country food and even my bedroom.



#### Kouassi Attoud Franceska Colombe Name:

Ivory Coast Country: Language: French

Hobbies: TV, shopping, reading

What I like about India: India is a very nice country but it has to come out a little bit because viewing my interaction with Roman People most of them is like knowing about their country some time about their city.

My feeling about GPRCP: Many teachers and people of the college were thinking like we do not know anything, like we have nothing in the mind, that's why sometimes we felt irritated but apart from that there are some nice people, like the teachers. But I want people to know that I am very happy to be here and to know about India. One thing is that we are better only in your cellule. This is a big thing that people have given us the opportunity to express ourselves.



#### ne: Muniba Khan

ntry: Canada

Language: English Hobbies: Reading, driving, shopping, music, video games. What I like about India: I love shopping in India What I miss most about home: Food, quietness, family, cozy atmosphere. My feelings about GPRCP: It's a good college, good education. Our Needs: I really feel that we need a place to hang out as a group boys /girls inside the campus other than the library, where we can interact.



#### Name: Bosso Fabrice Herve

Language: French Country: Ivory Coast

Hobbies: Playing basketball, football

**My feelings about India**: I am in India because of English first. I love English and I wanted to study it. Coming to India was not my choice. It was my parents c different compared to my country but I have no choice and I have to integrate. If there is one thing that I like in India, it is my college, especially our teachers. They are all good but if I was forced to tell who is the best, I would have to say the Inorgani c Chemistry teacher and our principal (Dr. B. Madhava Reddy).





#### Name: Ahmed Ali Alsaidi

Country: Iraq Language: Arabic Hobbies: Football My feelings about India/GPRCP: India is a nice place to live in. Life is peaceful and college is great, but I 'm missing home a lot. The education here is very good and I have made several new friends.



#### Name: Hameeda Said Mubarak Al Fazari

Country: Oman Language: Arabic

Hobbies: Singing, Dancing

**My feelings about India**: I am enjoying myself here. Everything is nice and going ok. College is fun and I 'm feeling good that everyone is so helpful and helping me feel comfortable in this new environment.





#### Name: George William Ssekiwunga



**Country:** Uganda in East Africa **Language:** Luanda, English

Hobbies: Reading, playing anything (games)

**Thoughts about India:** I really feel good about India. The city is very nice where I sa w my first flyover. I like the churches around in Pearl City. The cultures are a bit hard with me, like the language, Telugu which is different from Engli sh, Hindi, and Tamil. I really want to learn each bit of them. The traffic really sucks too.

"How rare and wonderful is that flash in the moment when we realize we have discovered a friend." - William Rotsler

### G. PULLA REDDY College of Pharmacy



Name: Konan Jean Michel Country: Ivory Coast Language: French



# Camera Shy

Osama Sarhan Kuanim ZeinebSaleh Hassan Adem

### **B.** Pharmacy II Year

#### Name: Mohanad Mohamed Ismail

Country: Sudan

Language: Arabic

Hobbies: I like to play Table Tennis and Chess.

My feelings about India: I came to India and I know it will be different in terms of cultu re, language and in other aspects. But I also feel that to be different does not me an you are bad. It takes time to adjust ourselves to the Indian society and to college life. Many books are written about its culture and spirituality that is present in Indian society and Indian people. So I came with hope to get to know all that. Frankly, I am shocked that people here do not know anything about the remaining world.





#### Name: **Rashad Saif**

Country: Yemen Language: Arabic, English Hobbies: Driving, Play football, Volleyball What I like about India: Traffic What I miss : My family My feelings about GPRCP : My College is my second home, where I can meet my friends and teachers. College is the place where I receive knowl edge. It would be nice to have a place to hang out inside the campus.



#### Name: Adam Abd Elkarim

Country: Nyala, Sudan Language: Arabic, English Hobbies: Playing Games, Football My feelings about India : I feel good about the life in Hyderabad, especially the food. But certain habits like some people ask questions duri ng shopping, annoy me. The traffic here is also very heavy.



#### Name: Ossey Charyl Country: Ivory Coast Language: French Hobbies: Basketball, football, video game What I Like about India: Food, Infrastructure, Shopping. My feelings about GPRCP : Good teaching, nice lecturers, it would be nice to keep students in the campus other than library for instance, somewher e to hang out so as to chat among friends.



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#### Name: Sandeep Kalyan

**Country:** Canada/USA (Florida)/Vizag (birth place)

Hobbies: Ice hockey, football, tennis, mountain biking, cross country running, a lot of other stuff.

Reasons for Coming: Family mostly (grandmother, cousins, uncles,

etc) education and learning about cultural aspects of my heritage as well.

My feelings about GPRCP: Not as many assignments or tests, great friends, different and very much a learning experience

Dislikes: Type of exams, force-reading of information and emphasis on memorizing vs. learning and comprehensive testing via multiple choice questions, not enough snow, no ocean, driving style seen here, certain cultural aspects or differences that frankly, inequality.

### **B.** Pharmacy IV Year



#### Name: Okou Gabriga Jean-Armel

Language: French

**Country:** Ivory Coast

Hobbies: Read books, football, basketball, etc.

My feelings about India: From my point of view, GPRCP has a lot of things that are missing to make the student feel good and enjoy the atmosphere. There is no canteen, no place to hang out or study, except for the library. There isn't much interaction between lecturers and students, it is like there is a big gap between the both.



#### Name: Waleed Alsaadi

Country: Oman Language: Arabic

Hobbies: Playing football.

My feelings about GPRCP: As every beginning has a trouble, my college life started with a pinch of difficulty but as the days went by, I felt the best and stood perfectly with one and all in every aspect and dimension.

#### Name: Pratima Reddy

Language: English, Telugu Country: USA Hobbies: Art, shopping.



My feelings about GPRCP: Although I'm very much Indian and also speak the language, I had a lot of difficulty fitting in and getting accustomed to the environment. But with time and with the support from family and friends, I was able to learn a lot and enjoy myself. Now I am in my final year... time sure does fly, huh? All I have to say about these 4 years is that it has been a huge learning experience and I have made friendships that I know will last forever.

### M. Pharmacy

Name: Mueataz Abdulfahman Aklabab Country: Yemen Language: Arabic Hobbies: Football, Reading.





"Strangers are simply friends you haven't met yet."





Student Voice

What life means to us is determined, not so much by what life brings to us as by the attitude we bring to life; not so much by what happens to us as by our reaction to what happens."
-Lewis Dunnington

# <u>ਬਰੇਪ੍ਰਬ 2009</u>

# What do you like about GPRCP and what do you want to change about it?



### M. VIVEK (B. Pharmacy II Year)

I LIKE: Our college is undoubtedly the best place to be in terms of the academics. The staff we have is excellent, dynamic and energetic in this field. It has well equipped labs too, which is a great privilege. I WANT TO CHANGE: I was very disappointed when I knew that we don't have a good canteen. When a college is well reputed it should be good at everything which our college clearly doesn't have. The importance we give to sports is also shocking. We not only celebrate annual day once in a year but also play once in a year!! Management should look into this matter to improve the student's personality, both physically and mentally.

### JHANSI KONA (B. Pharmacy II Year)

I LIKE: The thing I like about the college is the open gate system. I WANT TO CHANGE: I think college must have a canteen which of course what every student needs. After few years looking back at our college days, I think the moments that we spent with our friends with all updates of gossips in canteen remains to be everlasting and beautiful.





### K. SWATHI (B. Pharmacy IV Year)

I LIKE: The Open book Library System and also the Freedom that our college students enjoy are the things that I like most about this college.

I WANT TO CHANGE: It's always good to see students getting involved in various activities and carrying out at least one major event every year and for this to happen their plans must be approved and supported by the management. So the change I want to see in GPRCP is that the management must support and believe in their students and let them carry out the activities.

### K. SRUTHI (B. Pharmacy IV Year)

**I LIKE:** The things which I like the most about GPRCP are the freedom for every student to express anything directly with the Principal or any other faculty member, the interest of the lecturers for the growth of the students and lastly the open gate system.

I WANT TO CHANGE: The students become very inert after joining the college even though they have many talents in them. This might be because of the reason that there are no activities in the college except for the annual day celebrations. So, it would be great if the college conducts some technical fests and some other programs, workshops etc for students where each and every student can participate actively.



"You must have long term goals to keep you from being frustrated short term failures." - Charles C. Noble

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# What did you and your friends/gang do to make life all the more interesting and fun in GPRCP?



### GOKUL KUMAR (B. Pharmacy II Year)

The most interesting stuff I would like to share about "my gang"....one word describes my gang "awesome". No other word is apt..! I should date back to the days when we entered the portals of the college. I met a few people of my class. I decided we were destined to be friends, our ideas & tastes were

common. We did have clashes but they didn't rest for long...!! Masti we did was memorable...bunking the class, hitting the theaters, relating people with the characters to friends, emptying the Pani Puri centers. I think we people were indeed lucky our lecturers do fail their attendance at times, we make hell a lot of fun sitting in the last benches screaming, laughing, bullying people around. I don't think there would be any batch daring to click pics in the labs. I proudly say we did that mischief, alas friend ship taught me many lessons of life to love, to share, to forgive and to enjoy every moment of life because moments do not come back. Friends thanks for your constant spring of love and support, this is for all who did their bit to make me a better "I."

### CH. SAROJA (B. Pharmacy IV Year)

My best pals in GPRCP are Swathi and Sirisha; one is a synonym for Perfect Planning and the other for Perfection respectively. They are of great help & support to me. They are good at heart and this makes me feel lucky to have such a company. We always had a good time & we enjoyed every moment in GPRCP. We had been together through thick and thin and encouraged each other to make things possible.





#### J. VIJAY BHASKAR REDDY (B. Pharmacy IV Year)

This is one thing I would be interested in talking about. Our gang is full of fun, masti, time pass, what not!!! Every thing one needs, to spend four precious years together happily... I am sure we enjoyed a lot than any others in our class. We shared many memorable moments together good, bad and even the worst. I never knew that we spent four full years together... It is as if we met a moment before. I find every one special in some way or the other. Every one has their own style in every way. We were happy in our own small world all these four years... I will miss each and every one of them... Thank you friends... You people have made my B. Pharm so memorable...



### Which subject terrified you the most?



#### SUJITH RAMACHANDRAN (B. Pharmacy II Year)

The subject that terrified me the most is first year - Inorganic Chemistry. I have reached 2-2, but the dread for that subject continues to stay in mind forever. I can still remember those horror filled, sleepless nights I used to spend trying to read that subject. That subject single handedly made the first year externals a terrifying nightmare. And when I came out of the exam hall, the relief that filled my heart was so great, I can't find words to describe it. I just hope I don't come across something like that again.

### CH. SAROJA (B. Pharmacy IV Year)

-OH? -COOR??....Ortho? Para? Meta?? Many substituents at different positions !! X? + Y? ----?? Products?? These were the thoughts going through my mind, the night before my Medicinal Chemistry Semester Exam. Perhaps, this is every student's mind with a few exceptions. A lot of confusion and commotion!! The most terrifying pre exam experience. Of course, it all went on well. However, I should say that this is the most important and scoring subject provided you get the right thing at right position.





### G. SIRISHA (B. Pharmacy IV Year)

It is the subject which has been haunting me since my childhood and that is Chemistry. It has been very tough for me to deal with the subject as I can hardly remember the equations. Especially Medicinal Chemistry which I dealt with in 3rd year is horrifying. The day before my external Medicinal Chemistry exam I created my own structures and felt like a "Scientist" trying to synthesize my own compound.

### K. SRUTHI (B. Pharmacy IV Year)

The subject which horrified me the most is "MEDICINAL CHEMISTRY". When I told everyone that I had taken B. Pharmacy after my counseling, there was not a single person who asked- Can you study Chemistry? And my answer was "yeah definitely, Chemistry is such an interesting subject, what is there in that." But my 4-1 Medicinal Chemistry was like a nightmare and reminded me of all the people who had said that before I joined GPRCP. It was not only during the exams but the effect of Medicinal Chemistry lasted till the results were out. It was such a relief after the results was out and felt as if I achieved something very big in my life.



### HARISH KUMAR (B. Pharmacy IV Year)

Inorganic chemistry....I could see a monster out of a star ;) I think I should develop an assay to study the "assays"

in this subject!

*"Keep true to the dreams of your youth."* 

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Do you think its time that our college has a Student Representative to put forth the students' views/opinions/thoughts and discuss with the management and organize events?



### M. VIVEK (B. Pharmacy II Year)

Our college should have a student representative. It has been very late that we think about it now, but sooner or later a good topic has been raised. We do need a student representative to express the views of the students in the college. Students are the life of the college and they need to be given a full freedom to express themselves. All the problems cannot be dealt directly with the management, if there is a good unity among the students in the form of a representative, many problems would be solved easily. It is good to have representative both from management's point of view and also from the student's point of view. It would solve the problems of management because most of the problems would be solved by the students themselves and from the student's point of view it would boost their moral because they are given an equal importance to express themselves. Moreover if there is a student's organization and a representative, it would lead to better implementation of the various programmes planned by the management for the benefit of the students.

### K. SWATHI (B. Pharmacy IV Year)

It is high time that our college has a Student Representative Committee, a committee which actually is a representation of the students' ideas, efforts, plans and organisation. It is always good to plan and carry out one major event every year which would obviously give the students a time and place to exhibit their creativity and put forth their brains for a better purpose. Carrying out such events only from the management side would be a tedious job as already they are busy with their schedules. So forming a Student Representative Committee will help in better communication of ideas among the faculty and students and also better implementation of the ideas approved.





#### J. VIJAY BHASKAR REDDY (B. Pharmacy IV Year)

I don't think a student representative for whole college will work... I think it will be better if a staff member is elected as a representative on behalf of all students. One each for every aspect i.e., one for sports, one for cultural activities etc... Students can easily approach to a staff member easily than to a student representative... I think this will work out...



What do you have to say about the ALL WORK & NO PLAY attitude th at prevails in our college where in a student is seen taking part only during the Annual Week.



### M. VIVEK (B. Pharmacy II Year)

It is true that" all work and no play" attitude prevails in the college. It is a fault not only on the part of management but also on the students because we don't approach the management about the sports. Since there is no student representative it becomes the responsibility of the college itself to look into it so that an equal importance is given to sports also. In our college sports are given even the least importance which may be due to the itenary given by the OU. But however it becomes the responsibility of the college to give the students all the facilities that they deserve positively. One should also remember that everyone is not good at everything they do. Some may be multitalented enough to do well in the academics and also in the sports events once in a year. But some students who are average in the studies and who may be very good at sports should be given the right platform so that their talent is recognised. Their talent should not be wasted just because they chose this college. We may be just students, but our lecturers who have come from the same level as we did, should know the importance of sports in a student's life. All the cultural activities have to be given an equal importance too. We see the notices regarding the seminars and related stuff but never of any other activity, which is really disappointing. So now it becomes the responsibility of the college to either appoint a student representative who can look into these matters or should play a responsible role by increasing the importance given to sports in the annual timetable.

### GOKUL KUMAR (B. Pharmacy II Year)

"All work no play" that's the present situation in the campus. One got to catch hold of the racquets only when the auspicious time of the college day commences. I think the college has to grow in this area, reasons why this situation is prevailing today is:

1) Lack of interest in the management to encourage the students

2) The semesters are too short

3) Funding is never a problem in such a reputed college as of ours. Is it not??? MANAGEMNT SHOULD APPROVE ONE GOOD IDEA COMING FROM THE STUDENTS EACH YEAR...HOPE THIS HAPPENS.....!!





### K. SWATHI (B. Pharmacy IV Year)

I regret to say that our college stands as THE BEST example for ALL WORK & NO PLAY ATTITUDE. Students are seen playing only during the annual week and that too if the annual week dates do not fall under the Holidays Zone. The reason for this atmosphere to prevail in our college is 1) the same old boring and routine schedule during the annual week which doesn't interest the students 2)Management is still not ready for a change in the way the events are conducted as most of the ideas put forth by the students which require funding are not accepted. 3) no particular fixed date for the annual week. The first best thing to do is the Annual week date must be fixed so that students can get ready and plan for new events and activities well in advance which in turn gives them the chance to talk to faculty regarding their new plans giving them ample time and scope to actually implement the approved plans in a proper manner.

"The most important single ingredient in the formula of success is knowing how to get along with people." - Theodore Roosevelt

# Annual Week--1)Do you think the present way in which its being done is fine or 2)Do you want to change anything, if so, what & why?



### M. RAVI TEJA (B.Pharmacy II Year)

The annual week should be made bigger and better. The annual day must start a little early in the evening and should be little longer. The cultural events in it are very few with only few dance performances. Some other activities also like dramas and any other talents would make it better. The most depressing fact is that our own students find it a time waste to attend the celebrations!!! Even the time allotted for sports week is also very less!

#### GOKUL KUMAR (B. Pharmacy II Year)

Annual day, the most awaited moment for every student of every college, but I don't see this in our college, instead students take a week holidays for granted. Our college should show drastic improvement here. Is college day just a matter of a few competitions and a long prize distribution ceremony? The management should consider this matter seriously at least after these views are brought out. The annual day can be made really interesting, why should we have the same old activities? If I would be given a chance to change the fest, I would insist the fest should be a gala time, stalls, batch recognition competition, where in every batch students can put up the slogans, and college song as already discussed and of course we should hold high, the culture of India by strictly observing the traditional day.





### K. SWATHI (B. Pharmacy IV Year)

The present way the Annual week is being done is good but it definitely needs a lot of improvement. This year, the annual week was during Sankranthi holidays which turned out to be disadvantageous for the organizers of the annual week. So, I strongly feel that annual week date must be fixed and it should be fixed on such dates where in it can grab the attention of most students. Apart from that to make it better it's always good to see students coming up with a new theme for every annual week and a day which depicts the theme they selected in a much more innovative way. Formation of student clubs and activity by every club each day would make the annual day all the more interesting and fun.



### What are your memorable moments in GPRCP



### M. RAVI TEJA (B.Pharmacy II Year)

One of the most memorable moments for me in this college is my birthday celebrations with my gang. We chilled out at the IMAX and spent hours together chatting and enjoying, sitting under a tree. The gift they gave always makes me recollect those beautiful moments

#### SUJITH RAMACHANDRAN (B. Pharmacy II Year)

Every day in GPRCP was memorable, but the days I would really cherish here as of now would be the pre Fresher's Party where in we got ragged smoothly, they were moments little embarrassing, but they were people who were supportive, my seniors guiding us all through the year. The day I would cherish was the Fresher's Party where we just rocked. I do remember those moments which end the party with the song "Mustafa Mustafa" I could feel the essence of that number in every ones face there....!!





### K. SRUTHI (B. Pharmacy IV Year)

Everyday is a memorable moment in GPRCP. For the first time in these four years we don't feel like bunking college and classes as we'll leave in another 2 months. We don't want to miss even a single moment because we cannot experience all these again ever after in our lives. But the most memorable days which we cannot forget are the days when we went to Markapur and the preparations we did for our presentations. We were literally on roads from 10 in the morning till 10 in the night for 2-3 days regarding our presentation work. It was not less than an adventure and we had a great time during the preparations and the 2 days trip.

#### HARISH KUMAR (B. Pharmacy IV Year)

I received woos from audience for my very first dance performance on the college dance floor! Paper presentation in Mumbai! Finally my life in GPRCP (the host)



"You cannot get to the top by sitting on your bottom."

# Race of life--How do you want to see yourself in the Pharmacy arena after you are done with your studies?



### GOKUL KUMAR (B.Pharmacy II Year)

It is always said "Humans are destined. God bypasses." It has happened to me. Never expected would be a Pharmacist. But now very happy for being it, first off all I would like to smoothly finish my Bachelors and Masters (abroad), and then work for a reputed Pharmacy firm for five years. Then I would set Pharmacy industry. It has always been my dream to discover a medicine for those children who pass the world even with out opening their eyes...!!

#### NIRUPAMA NISHTALA (B. Pharmacy III Year)

One of my main aims in life, as a pharmacist, is to discover a method of synthesis to produce drugs that are not tested on animals at any point of time. We call ourselves a developing society, yet we fail to recognize that there are ways in which we can fight against this oppression of a group of living beings we are responsible for, for the simple reason that we consider ourselves higher to them. It is up to us as individuals, to take a stand for the rights of these animals. Simple steps such as joining a non-profit organization which concentrates their efforts on animal rights and animal welfare within your own community, and not buying products from companies who use animal testing to promote such unimportant products as mascara or shampoo, are a wonderful way to start



### **3 Words to describe your life in GPRCP**

GOKUL KUMAR ( B. Pharmacy II Year) Sweet, Smooth and Soundy HARISH KUMAR ( B. Pharmacy IV Year) Amigos, Episodes, Amelioration G. SIRISHA ( B. Pharmacy IV Year) Effervescent, Vivacious, Cherishing CH. SAROJA( B. Pharmacy IV Year) Flexible, Fabulous , Memorable

### <u>व्वेपुत्र 2009</u>

### Top 3 Excuses one can make for missing college.

SUJITH RAMACHANDRAN (B. Pharmacy II Year)

1) I have to get a bus pass

2) My uncle is coming and I have to receive him at the station

3) I had a function at my house

# K. SRUTHI ( B. Pharmacy IV Year)

My elder sister came from U.S and it was a surprise for us.
 My cousin's wedding
 GRE, TOEFL

HARISH KUMAR (B. Pharmacy IV Year)

Drowsy at 10:00 too... Passionate to skive classes... Set back the work assigned...

### Given an opportunity to contribute to your college how would you do it?



### GOKUL KUMAR (B. Pharmacy II Year)

First thing I got to say is "I owe a lot to my college", given a chance to contribute I would definitely fund the latest infrastructure, helping out the juniors to set their career promise I would be in the cause of the college ever...!!

My college gives the best possible faculty, infrastructure, as of the other Pharmacy colleges. I think there is no college with such student friendly atmosphere. My college always strived for the students to become every where and every way to be the best!! As of my knowledge Pharmacy career includes lots of research and observation, the thing my college has but yet I think can improve is the industrial exposure to the students, the management can hold a tour to any part of India were in Pharmacy industries are well established, show the working of the industry. I think nothing can happen in holding a industrial visit for a day or so as seen now.

### HARISH KUMAR (B. Pharmacy IV Year)

My college has planted in my mind an insatiable longing truth of education and I shall strive to thrive it! "LET THY PRINCIPLES AND MORALS REFLECT THY COLLEGE"



"Hard work has a future payoff. Laziness pays off NOW."

70
#### Talk about your Favourite hang out spots



#### GOKUL KUMAR (B.Pharmacy II Year)

First and foremost are the long corridors where the worlds politics can be discussed about, the water taps-best place for the cupids, the bakery behind the college where we go to munch in between the labs.

#### SUJITH RAMACHANDRAN (B. Pharmacy II Year)

I love to hang out outside the college near the ground in the shade of the trees. But that is not always possible either with the degree guys ruling the area or due to the lack of patience needed to walk till there. The next preferred hang out is the filter on the first floor landing. With the excuse to drink, I don't mind spending hours there with my gang.





#### K. SRUTHI (B. Pharmacy IV Year)

Our favorite hang out spot is the dabba (karthik stores) near our back gate. Whenever we need anything dabba is the first thing that strikes our mind and we rush there. If you go by appearance it is very small but you can find each and everything what a student requires. And the next hang out spot is the Pani Puri bandi near St Ann's. If we are not in college on the break, it is implied that we are at that bandi. After these 2 places we frequently hang out at Anupama and temptations.

#### **KEERTHI** (B. Pharmacy II Year)

Though our college does not have Pizza Huts or Coffee Days, around it for a really rocking hang out, still our Mehdipatnam has its own popular hangout. One I want to talk about is the Bajji Point in the St. Ann's lane. It is our very own Mehdipatnam "Gokul Chaat." It is a pure bliss to chill out with friends eating hot bajjis in the evening after the tiring labs in the college. It is our gang's regular chill out zone, at least every alternate day we go there. Maybe it does not strike as a real freak out idea, but we friends have some of our most memorable times spent together there.



## <u>ਬਰੇਪ੍ਰਬ 2009</u>

## **About my experiences in GPRCP**

After I finished my counseling and got admitted into GPRCP, the first thoughts that came into my mind were, "I am a part of this place for the next 4 yrs whether I like it or not. I hope I like it. I hope I can make good friends here. I hope I'll not be atrocious in acads..." well they went on... I had met a few friends through Orkut already and I heard that there would be a lot of ragging and that the exams would be tough. I had been totally intimidated. And soon enough, the Big Day had arrived and once I attended the inaugural function and met a few of my classmates it felt like this wasn't such a scary place after all... then I thought how much more different could it be from my intermediate or my school... strangely enough and even surprisingly this place reminded me of my school (to which it bears no resemblance at all in any way) and that was in a way a bit comforting.

And now, I can't believe I'm already in the 3rd year. It still seems like it was just yesterday that I started this college as this timid, very reserved girl scared to do anything even slightly bold(including asking a question in class). Now I have amazing friends and I'm not that bad at my acads and I really enjoy this place now. The subjects are real fun (all the non-ceutics type subjects at least) especially Medicinal Chemistry, Biochem, Organic Chemistry, Pharmacology, etc. Pharmacology, amazing as it seems, literally freaked me out. Especially before my external. It is interesting and all but it is so so so difficult to remember everything. I just hope I pass (my fingers are still crossed).

I've had many memorable moments here and have had new experiences every year. I changed for the better in this college and that's all thanks to my wonderful friends! Its because of them I was able to know myself better. I have had many of my first experiences too... Bunking my class to go to a movie! It was completely unlike me and I never did that before. I drove a car (my friend's of course... my dad wouldn't let me drive our car at all) for the first time. Hanging out with my friends after college has become my favorite pastime and I treasure every moment of it. It is kind of sad that we have only one year together before we make our career choices and take different paths. We will still be in touch but it is definitely not the same as seeing them everyday and sharing every tiny detail... I am really going to miss them.

The best time in the college definitely has to be during the sports week. But it is kind of unfortunate that we get to enjoy only during that week. It would be so much better if we had more than just a week of sports and activities or even better if we had it more frequently. None of us can really pay any attention to studies after the sports week. It takes us weeks to get back the "all studies now" state. I think this ALL WORK NO FUN prevalence in campus is not because the students don't plan any activities or because funding is any problem... it's mostly because the management does not readily approve activities planned by students. And there is minimum sponsorship from the college for the activities they do approve. Like there is no transport facility for the students when they participate in events conducted by and in other colleges. And this is just the least. And I think it is not unfair to ask for more importance to cultural activities and sports. And if I have to suggest the college one thing to make it a better place for students, it would be to pay more attention to the students and their ideas and critiquing them properly. This would be way easier for both the management and the student body if there was a student representative. And elections in the college would be another fun and an equally serious program. Afew modifications are all it needs to make it a better place.



## S. SHILPA B. Pharmacy III year

"Your heart understands what your head cannot yet conceive; trust your heart."

## I miss those days but never miss this.....

While I was in my tenth grade, I and my classmates were at an assumption that we were the kings. Our body language was superior. When I entered my Intermediate, my parents were always back of me requesting to work hard so that I can settle in my life easily. I assumed that it would be just 2 years of hard work and I can live my life happily. When I entered my Undergraduate program, ragging taught me how to get rid of shyness that I had. This time, although my parents were not tailing me, they just suggested me to continue working hard to get settled. I did the same.

Four years of undergrad, I bet you will never get those days back again. As Shekar Kammula has rightly filmed, they are "Happy Days". I would just like to adjust it to "Happiest Days". Never miss these days.

I still remember my first day of college, when I searched for a girl who looks pretty. I continued doing this every time until my final year though. Don't miss being ragged by seniors and ragging juniors (Everything must go in lighter vein). I miss those days while I used to run from my home not to miss my bus and almost have one more shower in the bus. Same in the evening to fight for a place in the bus along with the whole gang (Avinash, Mohan, Pavan, Venkat, Anita). I miss my first bench buddy Kamal. I miss those days where we used to bunk boring classes to watch first show of a movie. I miss having crush on many girls [:p]. I miss those days where we used to concentrate on SMS rather than class to get updated about cricket scores. I miss feel good "sports week". I miss those days where we had our running notes over the bench and either fiction novel or a GRE book in the desk, concentrating on the later one. I miss those days when we had volumes of notes to be photocopied just one or two days before exams. I miss those exam days when we have to show our one day batting skills and thriving to know practical questions from earlier batches. I miss outings and long chat with my friends near the canteen (avi, mohi, pavan, venkat, kamal, soumi, sush, laavi, sai, Krishna, valli, many more). I miss each and every person, each and every moment of those days. Harsh truth is that they will never never never come back.

After my Undergraduation, when I was successful at my visa interview for Ph.D program at Texas Tech, I was on cloud nine thinking that I am settled. After landing here, my life just laughed at me and told "you are still a baby, learn to live on your own" and more importantly "you haven't learnt much yet, from here, be a tutor yourself". Unlike last two times, my parents were not around me. My brain automatically drives me to enjoy what I am doing. Because I don't miss to wake up at 5.00 AM, I never miss to work hard.

People settling at higher positions have loads of things to do. According to me, it is only for an outsider it appears a lot, but for a person involved in it, it's not much, just because his capacity has increased. More you work hard, you would be losing your calories, but your ability enormously increases.

Whatever I am doing now it's no more working hard though, it's more of enjoyment. I bet one day life will again teach me a new lesson.

Dear friends, enjoy every single moment at GPRCP without missing to increase your capability.

I would like to thank final year students (2009) for initiating this idea, Dr. Madhav Reddy sir for supporting it and giving me such an opportunity. I wish Good luck for all those involved in this project to make it a great success.



Best Wishes, Prabodh Kumar Kandala







# Student Work

Yesterday is but a dream, tomorrow but a vision. But today well lived makes every yesterday a dream of happiness, and every tomorrow a vision of hope. Look well, therefore, to this day.
- Indian Proverb



## THE TALENTED FAILURE

Heavy rain splattered onto his shoulders, What was once a pat on the back Were now needles pricking his tormented soul. The spring blossoms so full of life, Had come to glimpse their cherished hero, But the autumn after the defeat They all withered of shame. The scented air blowing against him Had wished to carry his talented lore Around the world for all to adore, Now only wished to wash away his stench. There was a time When he was full of novel strength, When the earth was his proud bearer, And the serene lake, his secret admirer, Just when the future looked so bright, Fate had chosen for him another plight, And now the earth wished to suck him into the depths Washed away from the world's memory, And the lake's silence was no more admiration, It was just simple silence-The silence of disgusting defeat. The trusted dog that followed him in pride, Was now licking his wounds in sorrow. The night's eerie darkness, Was proof of his brightness, But now it stood firm Just to eclipse his presence. The pairs of red eyes, Peeping through the bushes, Were once filled with envy And now, with malicious contempt. The high loud thunder which often struck to acknowledge his ominous presence, Had probably found someone more worthwhile. But unknown to all The dog, the blossoms and the thunder alike Even to the fallen hero himself Beyond the wildest thoughts Lay his greatest victory, The victory of facing defeat, Of facing endless torture to his great soul And yet stand bodily tall, Ready for another battle in his glorious darkness... LONG LIVE THE TALENTED FAILURE!!!



SUJITH RAMACHANDRAN B. Pharmacy II Year

## **COLLEGE SONG**

WE SEE THE FIRE IN THE SKY, WE FEEL THE BEATING OF OUR HEARTS TOGETHER, HOLD ON YOUR HANDS UP TOGETHER.. FOR ALL TIME..

HAND IN HAND WE STAND ALL ACROSS THE LAND BREAKING DOWN THE WALLS BETWEEN US FOR ALL TIME

RAISE UP YOUR HANDS UP INTO THE SKY LET YOUR HOLY HANDS BE THE HELPING HANDS FOREVER.... PUT UP YOUR HANDS TOGETHER AS ONE TO MAKE THIS WORLD A BETTER PLACE TO LIVE IN

HAND IN HAND WE STAND ALL ACROSS THE LAND BREAKING DOWN THE WALLS THAT COME BETWEEN US FOR ALL TIME.....!!



GOKUL KUMAR B. Pharmacy II Year

## COLLEGE STUDENT

Walls around me are going up Walls around me are going down As sands of hope keep falling down Despair clocks me everywhere, everyday As clocks tick away My spirit withers away As time wiles away I fade away Seeking redemption but finding damnation I become prisoner of fear, devoid of hope Still I fight, still I seek, Cuz in the end I through my spirit, will live on With that hope, I now go on.....

> VISHWAN REDDY B. Pharmacy II Year

## **TEN COMMANDMENTS**

K.B. GAUTHAMI D. Pharmacy I Year

The most damaging one letter word is "I"-- Avoid it. The most satisfying two letter word is "WE"-- use it. The most poisonous three letter word is "EGO"-- kill it. The most used four letter word is "LOVE"-- value it. The most pleasing five letter word is "SMILE"-- keep it. The most spreading six letter word is "RUMOUR"-- ignore it. The most enviable seven letter word is "SUCCESS"-- achieve it. The most nefarious eight letter word is "JEALOUSY"-- distance it. The most powerful nine letter word is "KNOWLEDGE"-- acquire it. The most essential ten letter word is "CONFIDENCE"-- imbibe it.



## **RUSH HOUR!!**

Movie buff? Let me guess your favorite movie. James Bond, right? Or may be Dark Knight. Or some other action packed, adventurous, edge of the seat thriller, I'm sure. Gaming addict? I'm sure you love those adrenalin pumping, fist clenching fights or that adventure through some dark forests. Book worm? What's in it for you? Spy novels, inter-continental thriller or hideous murder? No? Then it must be some non-fiction real life adventure or some jail escapade or maybe someone's quick rise to power.

I can't be wrong. I know action, adventure and risks are not everyone's cup of tea, but then, who would not like a tinge of spice in an otherwise bland life? Right this time, aren't I? You still don't agree with me? Yes, I know. I know that all that is fiction, computer graphics and only a figment of our imagination. I don't argue, but do I hear you saying that we don't have any of that in our real life? Now I stand to differ. And here's why.



Have you seen Spiderman leap onto the subway train as it starts speeding away? I'm used to such kind of stunts on an everyday routine. Don't believe me? Then you must watch me make my daily adventure to my college.

After an Ishaan Avasthi kind of kick off to the morning's blues, I do a Spiderman, jumping onto the speeding bus. Next a scene inspired right from the Hulk: pushing my way through the crowd is no easy task. Inevitably for this you will need some Pokiri style to get past those fights someone always puts up, when push past them. Then start looking cool as you deceive the girls in the front while in fact keeping a watch on all seats around

you. Some Bond style that! Add some Dhoom maneuvers that you watched Hrithik perform with all grace and steal a seat right from under the nose of some innocent guy. But then you will find that this is not always enough. There will be some messy bad guy who also wants the seat. He will either block you with his elbow or put his foot in your path. But then what good is an action flick without a villain? And then what? Have you seen those Jackie Chan blockbusters? Indian style RTC kung-fu is what you need. Knock his hand off with your knee or wrap your leg around his and bring him down in a flash or simply stamp his toe. You will have got the seat. But there must be a disaster at some point in the movie, because even heroes bleed after all. That

part will be filled up when you fall off a running bus or when the conductor catches you with an outdated pass. What is the climax? The fallen hero now has to fight injuries and a traffic jam to run and reach the queen's chamber in time. But all action flicks must have a sequel, right? That is exactly why you find that you have to knock the door every day. Just so that there continues to be a sequel. But wait! Isn't this what we all do everyday? Here is the punch dialogue: Learn to enjoy your life, no matter what. If you can't enjoy what you do daily, then nothing can ever please you. So the next time you see a bus, think of James Bond. Or when you have to spend your first hour in the library keep your hopes alive for the next day's sequel!



R. SUJITH, M. VIVEK, M. RAVITEJA B. Pharmacy II Year

"The most wasted of all days is one without laughter." - E E. Cummings



#### **SOMETHING "FISHY"**

Squids feed on their own tentacles when depressed.

Bed bugs can survive even for a year without feeding.

Only 55% of American population knows that Sun is one of the stars.

One can escape well from a crocodile by running in a zigzag fashion rather than straight on land.

While putting a toss, chances for tail are more than for head. This is due to more weight on head side.

ANONYMOUS



## **DANGEROUS DISEASE**

**NAME-** Student **HOSPITAL-** Better not to name DATE OF DISCHARGE- Last date of examination ILLNESS- Patient is suffering from examination fever and unknown disease from the day on which the examination date is announced SYMPTOMS- Fatigue, loss of appetite, tension and headache. As the exams approach, victim looks tired and harassed. **TEMPERATURE-** The temperature gradually increases as the examination approaches and decreases after the examination is over. HISTORY- Never used to attend classes and used to go to movies. If present also just for attendance sake. **BLOOD PRESSURE-** Rises when asked a question (viva) and decreases after college. HEARTBEAT- It is maximum in the examination hall & minimum in the cinema hall. **RESULT-** Ail **DIAGNOSIS-** Examination fever **DISEASE CARRYING AGENT- Exam** CHARACTERISTICS- Strikes only students. The fever is common when exams approach **REMEDIAL MEASURES-** A walk in the garden or listen to music and dancing, SMSing friends... **TREATMENT-** No medicine in the medical history of the world. Only thing student should do

is attend the classes regularly and take a cup of tea every night to prevent sleep.

ARCHANA B. Pharmacy III year

## **MINISTER OF BODY**

Pituitary gland: Prime minister Brain: Education minister Heart: Health minister Ear: External affairs minister Hand: Labour minister Mouth: Information and broadcasting minister Transport minister Legs: Stomach: Food and agricultural minister **Defence** minister Skin: Law minister Eyes:

> ALI BIN SAYEED D. Pharmacy II year

"Do not look where you fell, but where you slipped."

## DMT

DMT is dimethyl tryptamine. It is a structural analogue of serotonin and acts via the seretogenic neural circuit. It is the most powerful hallucinogen ever discovered when occurs naturally in the human body.

It is also called the "spirit molecule" because of the profound life changing spiritual experience it causes when secreted.

Many people who have had near death experiences claim to have visited heaven and sometimes strange magical beings leading them to enchanted lands. This experience is created due to this spirit molecule. When the person is about to die, the pineal gland secretes DMT in very high concentrations which causes a temporary disconnection of the physical body from the conscious mind and also acts on the 5H2 receptors which is the main site for hallucinogens like salvitorin, LSD, LSA and psilocybin. This causes very intense hallucinations like travelling through another dimension at high speeds with a rushing sensation. Anything thought in the mind becomes a reality and instantly happens and manifests. This is the reason when people are just about to die, they see flashes of important memories of their loved ones and the things they loved to do.

#### THE EXTRACTION

DMT occurs naturally as an alkaloid in many plants like <u>Phalaris arundinaceae</u>, <u>Psychotria viridis</u>, acacia's and also in some mimosa species.

For the extraction, the powdered crude drug is dissolved in a solution of citric acid of pH 4 to convert the alkaloids to water soluble form. The small amount of defatting solvent such as heptanes is added and the fats are removed. The solution is basified to pH 10 to convert the salt to free base which is then extracted with 10% volume non polar solvent such as hot-naphtha. About 1/3rd naphtha is evaporated to produce a supersaturated solution and chilled below 0 degrees Celsius to precipitate out pure DMT crystals which are washed with ammonium hydroxide and dried.

Source used: Himosa hostiles, Root bark- 100 grams. Yield: 300mg DMT

#### **MODERN USE**

In the past, Amazonian natives used the leaves of Psychotria with Syrian rue (MAO inhibitor) to make "Ahusaya"- a hallucinogenic drink to perform spiritual ceremonies. Nowadays, it is being used to perform research studies to determine how hallucinogens act, as it is not understood even now.



V.V.MUKUND, N. SAI PRANEETH, T.SATISH, K. PHANI B. Pharmacy III year

## ਬਰੇ<u>ਪ</u>ੁਙ 2009

## **AMAZING SCIENCE FACTS**

Male mosquitoes do not bite, blame the female next time A Person dies from lack of sleep sooner than starvation A whale can swim for three months without eating A human being drinks 16,000 tons of water in a life time Human hair and finger nails continue to grow after death Intelligent people have more copper and zinc in their hair Every time you sneeze some of your brain cells die Chewing gum while peeling onions will keep you from crying. If your skin is laid flat it will cover an area of 18 square feet. When you blush, the lining of your stomach also turns red. Large kangaroos cover more than 30 feet with each jump. The colour blue has a calming effect; it causes the brain to release calming hormones.

The human heart creates enough pressure while pumping to squirt blood 30 feet. The attachment of the human skin to muscles is what causes dimples. The sound you hear when you crack your knuckles is actually is the sound of nitrogen gas bubbles bursting.

## **FUNNY DEFINITIONS**

Robbery: Business without investment Skeleton: Bones with person missing Marriage: An ocean of emotion, surrounded by an expanse of expenses College: A Place where father pays and son plays Women: The first non-stop machine invented by god.



G. SATISH REDDY B. Pharmacy II year

#### **SPREAD A SMILE:**

If you are stressed, you get pimples If you cry, you get wrinkles Why don't you smile and get dimples? Keep smiling, it's simple!

> M. ANITHA B. Pharmacy IV year



"A smile is a curve that sets everything straight. " - Anonymous

#### **CHEMISTRY POEM**

Na ye chemistry hothi, na mein student hotha Na ye lab hothi, na ye accident hotha

Abhi practical mein aaye nazar ek ladki Sundar thi naak uski test tube jaisi. Batoon mein uski glucose ki meeta thi Saanson mein ester ki khushbu bhi saath thi Aankhon se jhalakta jha kuch is tarah ka pyaar Bin piye hi ho jaatha tha alcohol ka khumaar Benzene sa hotha jha uski presence ka ehsaas Andhere mein hotha tha radium ka aabhaas Nazrein milein, reaction hua Kuch is tarah love ka production hua Lagne laga us ke ghar ke chakkar aise Nucleus ke charoon tharaf electron ho jaise Us din hamare test ka confirmation hua Jab uske daddy se hamara introduction hua Sundar hamari baat ho, wo aise uchal pade Ignition tube mein jaise sodium bhadak uthe Woh bole, hosh mein aao Pehchano apni auquat Iron mil nahin saktha kabhi gold ke saath Ye sun kar toota hamare armanon bhara beaker Aur ham chup rahe benzaldehyde ka karwa ghoout pi kar Ab us ki yaadoon ki siwa hamara kaam chalta na jha Aur lab mein hamara dil ke siwa kuch aur jalta na jha

<u>k</u>

B. SHIVANI B. Pharmacy IV year

#### HAILING LIFE

Zindagi ho gaya unsaturated hydrocarbon ki tarah Aur hum phirte hain awara hydrogen ki tarah

In the lovely sun comes a thought, days passed with lightening glow, memories of past cherish bright and red, down passes the lane with stepping stone, O- listen for the role profound. The music in my heart, I bore, so thrilled breaking silence of seas, stuck with beat in heart, never knew when time passed. So pleasant was days of past, hailed around leaves of hope. Smooth motion suit a peaceful aim, yet left deep with fear of sail, moved across the tidy waves. Days of shine over the valley profound, yet to be showered in wildly hail.



KUSHAL VANGA B. Pharmacy IV year

## <u> ਬਰੇਪ੍ਰਬ 2009</u>

## SMS corner

Telugu movies related to college life: Exams: Anukokunda oka roju Classes: Appudappudu Chemistry: Gharshana Question paper: Nenu meeku telsa Copying: Okariki okaru Slips: Apadbandavudu Results: Kotha bangaru lokam Pass: Ullasanga utsahanga Fail: Gunde jallumandi Supplementary: Nuvvastanante nenodantana

### **Kuch Kuch Hota Hain- Remix**

Exams pass aaye, dil ghabrayein Teacher na jaane kya paper banaayein Ab tho mera pen ruk ruk ke chalta hain Kya karun haye KUCH NAHI AATA HAIN

## **COLLEGE LIFE**

Those "night outs" Those "midnight tears" Those "birthday bumps" Those "old torn jeans" Those "late night walks" Those "long chats" Those "pinches and slaps" Those "crushes on pals" Those "getting kicked out of classes" Those "struggle for marks" Those "writing on desks" Those "fight with teachers" Those "tears for love" Just every thing..... That's COLLEGE LIFE..... We call it "HEAVEN"

> P.S.S. GAYATHRI B. Pharmacy IV year

"The longest journey starts with a single step." - lao Tse

Love vs. Exams Love: One of the hardest things because you have thoughts that you cant express Exam: Still harder because you don't h a v e a n y thoughts, still you have to express.

## G. PULLA REDDY College of Pharmacy

- This is how ten famous people reacted when I invited them to a party:
- 1. Archimedis was buoyant.
- 2. Boyle said that he was under too much pressure.
- 3. Ohm resisted the invitation.
- 4. Darwin said he would have to see what evolved.
- 5. Edison said it would be an illuminating experience.
- 6. Marie curie radiated enthusiasm.
- 7. Wrigths promised to fly on time.
- 8. Morse said, " I'll be there on dot. Can't wait now must dash".
- 9. Said Einstein, "Attending will be 'relatively' simple."
- 10. To sum up Ramanujan said " My chances of coming are 0."

#### **EXAMINATION HALL – Cricket Field**

**INVIGILATOR- Umpire** PEN- Bat **RUBBER- Ball** SCALE- Wickets **EXAM PAPER- Pitch** MARGIN LINE-Boundary Line MARK SHEET- Score Board Target PAPER-DIFFICULT - Pace Ball EASY- Boundary CAUGHT CHEATING- Run Out PAPER CANCELLED- Stumped SITTING SADLY-**Playing Defensively** OUT OF SYLLABUS- Wide Ball ATTEMPTING NO. - Duck Out FIRST IN CLASS-Man of the Match



BY HARI KRISHNA B. Pharmacy III year

## Rahman Tujhe Salam!

There were great musicians and composers in the past. There are many now. But one name receives a standing ovation not only from India but world-wide. He is the music magician. He is A.R.Rahman, the pride of India. The first Indian ever to win two Oscars. He also won the BAFTA award not long before this. A.R.Rahman received three academy award nominations for the best original score and two different best original songs and he won two of those- for the best score for slum dog millionaire and also for the best song "jai ho" for the same movie.

We salute him on his "double delight" at the Oscars within a span of 5 minutes. Rahman is undoubtedly the "gandharva" of 21st century! He has done every Indian proud.. Especially to us- Rahman die hard fans. We are proud to have born during his reign of musical age. Now we proudly declare that we are rahman's fans and finally we can describe this music magician as-THE MAN - THE MUSIC - THE MAGIC

WE LOVE YOU RAHMAN! YOU ARE THE BEST! Keep Rocking!

- Praneeth - a die hard Rahman fan.



N. SAI PRANEETH B. Pharmacy III year



#### WHY PAIN???

Once there lived a couple who couldn't conceive children and were sad about it. They decided to worship GOD fervently. Finally GOD answers their prayers and grants them two boons. They felt very happy with the GODs grace and thought of the boons. Then they asked for a smart child as their first boon and surprisingly they asked for the second boon that the child should not feel any kind of pain during his lifetime. They were leading a happy life with their child.

As the days passed by, the child was injured. Due to the boon he couldn't feel the pain so he didn't reveal it to his parents. Unfortunately that lead to a serious problem internally, which he was not aware of. Finally this resulted in the death of the child.

All this was because of ignorance of the couple as they didn't want the child to bear the pain. Pain acts as sign for any discomfort, this was neglected by them.

So, Pain plays a key role in diagnosing the patient's condition with which remedies for different ailments can be given.

Pharmacists are behind the generation of these remedies.

"PROUD TO BE A PHARMACIST"

By G.S.N. Koteswara Rao, M.Pharm.



"It's never too late to be what you might have been." - George Elliot





## **GOODBYE HALCYON DAYS**



After the weekend blooms, comes a long day of hurdles, we get up with a gloomy face and the day seems to be short until we reach college. It has been a tradition to come at least 10 minutes late to college, and as we never give up our tradition, management is left with no other choice but to start college 10 minutes late. First class seems to be interesting, but as the time passes the atmosphere changes - SMS fever

begins, mobile games go on, and soon, chatting and mumbling spreads all around the classroom until the lecturer breaks his tone. After about 4 classes of lullaby, we let out a deep sigh of relief -"Guys chalo! It's our break time". Back bakery and dabba are our favourite spots to hang out; before this, a fiasco starts and we fight for lunch boxes as if we are in drought areas. As break comes to an end, girls gather in lounge and boys gather in the TT room but often, we all tend to lose patience, and begin plans for movies or simply to relax. Few tend to stay in class but doze off under the spinning fans in the warm sultry classrooms, a perfect time to take a much needed afternoon nap!! But it is always a fear in our hearts to maintain 65% attendance, and when they finally post the attendance in the notice board, we all hurriedly scramble and crowd around, and let out a loud sigh, relieved that we can write sessional exams!! Funny isn't it? Frustration, anger and fun are our key motto which we follow; a raise in any of these will lead to excitation. (breaking benches, passing comments...... Well you know!).

We still remember the day we first entered the college- full of anticipation. How can we forget the days when we first got ragged by our seniors? Then, we swore at

all our seniors who ragged us and at the lecturers who scolded us... But now it's like sweet memories which will make us smile and gasp every time we think about them. We laugh and cherish those fond memories with our friends and lecturers too. First year exams were over—the immediate thought that striked us was, "Hey! Now we are the SENIORS







of the college, the top dogs, the kings and queens of the world!" Next, third year came along and the tension started, what would we do after B. Pharmacy? Several of us struggled with tiring GRE words while others prepared for the complicated GATE at the cost of attendance. Third year was gone and fourth year creeped in behind us, like a silent storm.

The best time we had was



playing TT and making hell of noise in that room. Oh! What fun it was... not all days were exceptionally fun either. Mostly it's the same routine- the same old boring classes, a bit less boring but totally tiring labs, fun lunch hours and finally totally dreaded exams. Every year the part that brightened any student's face (or rather life, considering the monotony of the college schedule) was the sports monotony of the college schedule) was the sports

week (Unless the management cuts it short giving excuses). The week that every student dreams of! A week full of fun and activities and no classes!! And the worst part is we are expected to write internals soon after the sports week! And trust me that's the hardest thing to do!

And then there are the very unique faces of my class, the ones who made my college life the most happening - "my friends". We had class "Royal" entrees, sleepers, chatters, "touch-me-nots", bunkers union (which is active especially on "Fridays"), gossipers, corridor hangers, regularly irregular comers, adventurers and trend setters. Let's not forget the "Guru Kula Type" atmosphere one hour before the sessional exam. And our very own batches-"mischievous" A batch, "neutral" B batch and sluggish C batch (with some exceptions!!!). We all depend on each other and cause a "makki-ki-makki" chain reaction for records and



#### assignments.

Looking back at all these makes me wonder...how can four years go by this fast? Never knew what we learned, days flew by like the winds without a sign. I'm going to miss hanging out with friends, miss the extensive planning for mass bunks and explaining lame excuses to the lecturers who have threatened us that no attendance would be given when asked to submit the records, which, might I say were never written until the last moment (A batch has kept its record throughout graduation!!) Or







perhaps, we would "lose" the records right before the practical day. The days where some of us would pester others for material and records would be sweet but funny memories now. How about when we would make countless number of Xerox copies of "who-knows-what-the-topic-is" the day before the exams?? But all in all, we will not have to worry about our heart-attacks (marks) or putting a straight face in labs. We shall miss doing everything we ever did in college.

That is a typical day in

college for most of us and so it was for me too. And in a few months we will finish our graduation and we will soon have to face the real world, a totally different world where "survival of the fittest" is the new theme to be memorized. When we look back, we see a mixture of experiences. We have good days and bad, happy days and horrible days... few filled with unbearable tension and grief and a few with overwhelming excitement... an assortment of everything or rather a whirlwind of memories. Sweet memories cherish as we pass on. There is lot to see ahead but the days we had always remain as days of pride... It's time to tell the college, goodbye. Goodbye halcyon days!





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## G.PULLA REDDY COLLEGE OF PHARMACY

Rising to the Challeng





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