

# GOUHAR SULTANA

**e-mail:-** [sultanagouhar@gmail.com](mailto:sultanagouhar@gmail.com)

A university gold medalist, self-motivated individual, an organized, effective communicator with colleagues and management and a Confident team player, thriving on challenge with a positive, cheerful attitude having **around 10 years of experience** in teaching.

## *Experience*

- As Lecturer, Department of Clinical Pharmacy, College of Pharmacy, Jazan University, Saudi Arabia from **12<sup>th</sup> September 2013 to 31<sup>st</sup> August 2016**.
- As Associate Professor, Department of Pharmacology, SSJ college of Pharmacy, Vattinagulpally, Gandipet, R.R district, Telangana from **1<sup>st</sup> Feb 2012 to 31<sup>st</sup> August 2013**.
- As Assistant Professor, Department of Pharmacology, SSJ College of pharmacy, (recognized by Jawaharlal Nehru Technological University) Vattinagulpally, Gandipet, R.R district, Telangana from **15<sup>th</sup> October 2007 to 31<sup>st</sup> Jan 2012**.
- As Assistant Professor, Department of Pharmacology, Bharat Institute of Technology, (recognized by Jawaharlal Nehru Technological University), Ibrahimpatnam, R.R district, Telangana for **1 year 2 months**. (16 August 2006 to 15 September 2007)

## *Subjects and laboratories handled*

**Main activities at Jazan University:** Actively involved in establishment of Drug and Poison Information Center and training of PharmD students for the same as a Preceptor.

**Subjects handled at Jazan University:** Pharmacotherapy, Pathophysiology, Evidence-Based Therapy, Pharmaceutical Care, Drug and Poison Information, Pharmcoepidemiology, Applied Kinetics and First Aid.

**Subjects handled at India:** Anatomy and Physiology, Health Education and Pathophysiology, Biopharmaceutics and Pharmacokinetics, Pharmacology, Hospital pharmacy, Clinical pharmacy and Therapeutics.

## *Educational Qualifications*

- **Master in Pharmacy** (Pharmacy Practice/Clinical Pharmacy) with CGPA=8.42 from Jamia Hamdard, New Delhi in 2006.
- **B.Pharmacy** with distinction (81%) from Sarojini Naidu Vanita Pharmacy Mahavidhyalaya, Osmania University, Hyderabad, A.P.
- **Intermediate 1<sup>st</sup> class** (73.7%) from Board of Intermediate A.P.
- **S.S.C 1<sup>st</sup> class** (82.5%) from Board of Secondary Education A.P.

## Project work in M.Pharmacy

- **Drug Utilization and ADR monitoring (Pharmacovigilance) studies in type2 diabetic patients** in OPD and IPD of Majeedia Hospital, Jamia Hamdard, New Delhi.

## Achievements (Awards) and contributions

- Certified as BLS provider by Saudi Heart Association
- Registered as pharmacist in A.P Pharmacy Council
- Qualified **Revised GRE** (2011) with the following score
  - Verbal reasoning : 147
  - Quantitative reasoning : 155
  - Analytical writing : 3.5
- Qualified **TOEFL** (2011) with following score

Test	Test Date	Reading	Listening	Speaking	Writing	Total
TELXML	Sat Dec 10 09:46:16 EST 2011	26	24	23	27	100

- Qualified **Faculty Eligibility Test** Conducted by Jawaharlal Nehru Technological University-Hyderabad in 2010
- **University Gold Medalist** for M. Pharmacy (JamiaHamdard)
- Qualified **GATE** (Graduate Aptitude Test in Engineering) **2004** with 90.76 percentile.
- Working experience in **Drug Information Center, Drug toxicity management** in Majeedia Hospital, New Delhi, during post-graduation.
- Setting up and running the **Patient Counseling Center** for outpatient department in Majeedia Hospital, New Delhi, during post-graduation.

## Publications

### INTERNATIONAL PUBLICATION:

- [Sultana G](#), [Kapur P](#), [Aqil M\\*](#), [Alam MS](#), [Pillai KK](#). Drug utilization of oral hypoglycemic agents in a university teaching hospital in India. [Journal of Clinical Pharmacy and Therapeutics](#). 2010 Jun; 35(3):267-77.

### NATIONAL PUBLICATIONS:

- Sultana G\*, Jahnvi R, chandrika DSR. Prevalence of overweight and obesity among school going children. *Pharmanest*. July-August 2011; 2(4): 369-377.
- Jahnvi Rao, Gouhar Sultana, Ishaq B. Childhood obesity and its prevention. *Health*. 2010 Oct; 88(10):4-7

### Poster Presentation

- A Government hospital Vs. Private hospital drug utilization evaluation in ophthalmic department Keerthy Atluri, Mrs. Gouhar Sultana, at **International congress of Indian Pharmacy Graduates, 2011, Bangalore**

### Projects guided for Undergraduates

- A Pharmacy-based study of drug utilization patterns of Non-steroidal Anti-Inflammatory drugs
- Prevalence of obesity among school going children in Hyderabad
- A cross-sectional hospital based Prescription pattern analysis in pediatrics out-patient department
- A Government hospital Vs. Private hospital drug utilization evaluation in ophthalmic department
- Retrospective prescription patterns in tuberculosis in-patient department in a government hospital

### Seminars / Symposia/Workshops attended

- **“Pharmacogenomics symposium May 2006”** organized by Department of Pharmacology, AIIMS and Ranbaxy Research laboratories, Gurgaon.
- A 3 days seminar on **“AIDS/HIV and TB”, past, present, future: Jan 2006** held at AIIMS, New Delhi.
- A two days seminar on **Infectious Disease** Dec 2005 held at Hayat regency, organized by Sir Ganga Ram Hospital, New Delhi.
- **International congress of Indian Pharmacy Graduates** Nov 2003 conducted at Annamalai university
- **“Careers in Pharmacy”** organized by the Indian Pharmaceutical Association in Oct 2002