## G. PULLA REDDY COLLEGE OF PHARMACY

## Hyderabad

## ONE WEEK YOGA TRAINING PROGRAM

Dr. P.K.Lakshmi, Professor Department of Pharmaceutics has conducted one week Yoga training for Pharm.D students from 30<sup>th</sup> July to 3<sup>rd</sup> August 2019. She explained the importance of Yoga in life and taught various asanas to students.