



G. Pulla Reddy College of Pharmacy

Mehdipatnam, Hyderabad

ISO 9001 – 2015 Certified College

(Affiliated to Osmania University and Approved by AICTE &PCI)

International Yoga Day

Seventh International Yoga Day was celebrated virtually on 21st June, 2021 in G.Pulla Reddy College of Pharmacy, Hyderabad. The programme was initiated by Dr.B.Madhava Reddy, Principal, briefing about importance of yoga during corona pandemic and Dr.Veeresh B, introduced the speaker Ms.M.Supraja Reddy, an international yoga trainer and founder of 'The Yoga Hive', Hyderabad. The speaker explained importance of yoga for management of COVID-19 and instructed yogasanas and breathing techniques to control corona complications. About 100 students and teaching staff members actively participated in yoga day celebration. The programme was concluded by vote of thanks by Dr.Veeresh B.